

CURRICULUM VITAE

Date of Revision: 4/17/2024

Name: *Mehdi Hedayati*

Education: (*Start with the first academic degree according to date; from past to present*)

Degree	Field of Study	University	Period (year)	
BSc	Chemistry	Sharif University of Technology, Tehran, Iran	1987	1991
MSc	Clinical Biochemistry	Tarbiat Modares University, Tehran, Iran	1992	1995
PhD	Biochemistry	Tehran University, Tehran, Iran	1996	2002

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Career/Academic Appointments: (*Academic positions should be listed by date from past to present*)

1. *Assistant Professor, academic staff at the Cellular and Molecular Endocrine Research Center, Research Institute for Endocrine Sciences, Shahid Beheshti University of Medical Sciences, Tehran, Iran (2005-2011)*
2. *Associate Professor, academic staff at the Cellular and Molecular Endocrine Research Center, Research Institute for Endocrine Sciences, Shahid Beheshti University of Medical Sciences, Tehran, Iran (2011-2017)*
3. *Professor, academic staff at the Cellular and Molecular Endocrine Research Center, Research Institute for Endocrine Sciences, Shahid Beheshti University of Medical Sciences, Tehran, Iran (Initial Approved, Final Process, 2017)*
4. *Associate Editor of the International Journal of Endocrinology and Metabolism (Since 2011)*
5. *Deputy Editor of the Iranian Journal of Endocrinology and Metabolism (IJEM) (Since 2018)*

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Administrative Positions: (*Administrative position should be listed by date from past to present*)

1. *Head of Research Laboratories of the Research Institute for Endocrine Sciences (Since 2001)*
2. *Head of the Central/Reference Iodine Lab in Iran (2005-2019), Providing service to the Middle East and north of African countries*
3. *Member of the Scientific Committee and Editorial Board of the Annals of Thyroid Research Journal (Since 2005)*
4. *Head of the Cellular and Molecular Endocrine Research Center of the Research Institute for Endocrine Sciences, Shahid Beheshti University of Medical Sciences, Tehran, Iran (Since 2011)*
5. *Head of the SC16 Technical Committee at the Iran National Standards Organization (2011-2017)*
6. *Associate Editor of the International Journal of Endocrinology and Metabolism (Since 2011)*
7. *Deputy Editor of the Iranian Journal of Endocrinology and Metabolism (IJEM) (Since 2018)*
8. *Editorial Board member of the Iranian Journal of Endocrinology and Metabolism (2011-2018)*
9. *Member of Biochemistry Committee in the Ministry of Health (2005-2018)*
10. *Editorial Board member of the International Journal of Endocrinology and Metabolism (IJEM) (2011-2018)*
11. *Consultant in the Biochemistry branch of the Center of Disease Control (2011-2018)*
12. *Member of the Scientific Committee and International Editorial Board in Medical and Health Sciences of the World Academy of Science, Engineering and Technology (since 2011)*
13. *Editorial Board of the Journal of Applied Health Studies in Sport Physiology (JAHSSP) (2011-2018)*
14. *Research Vice Chancellor at the Research Institute for Endocrine Sciences (Since 2023)*
15. *Associate Editor of the Lipids in Health and Disease Journal (Since 2023)*
16. *Editorial Board member of the Oncology Research Journal (Since 2023)*

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Professional Honors & Recognition: (Scientific Awards, incentives and obtained scientific points should be mentioned by date from past to present)

1. *Member of the jury of the 24th Abu Rayhan Biruni Research Festival, Shahid Beheshti University of Medical Sciences (2023)*
2. *Outstanding scientist with H-index 28 and citation>1000 in 19th Research Festival of Shahid Beheshti University of Medical Sciences (2018).*
3. *Elected Associate Prof. in Medical basic research, 18th Research Festival of Shahid Beheshti University of Medical Sciences, (2017).*
4. *Outstanding scientist with H-index 26 and citation>1000 in 18th Research Festival of Shahid Beheshti University of Medical Sciences (2017).*
5. *Winner of 22th National Research Festival of Razi, Elected Associate Prof. in Medical basic research (2016).*
6. *Outstanding scientist with H-index 24 and citation>1000 in 17th Research Festival of Shahid Beheshti University of Medical Sciences (2016).*
7. *Outstanding scientist with H-index 22 and citation>1000 in 16th Research Festival of Shahid Beheshti University of Medical Sciences (2015).*
8. *Elected Associate Prof. in Medical basic research, 14th Research Festival of Shahid Beheshti University of Medical Sciences, (2013).*
9. *Winner of Islamic World Science Citation Center (ISC) Research festival as the seventh high cited scientist (2013).*
10. *Winner of Islamic World Science Citation Center (ISC) Research festival as the fourth cited scientist (2012).*
11. *Winner of First Biochemist title (Research Festival of Ministry of Sciences (2010)*
12. *The Top Biochemist in the Country, Elected by Ministry of Health (2009)*
13. *Winner of Outstanding Researcher title (Research Festival of Ministry of Health (2009)*
14. *Winner of 8th Research Festival of Shahid Beheshti University of Medical Sciences (2007).*
15. *Winner of 7th Research Festival of Shahid Beheshti University of Medical Sciences (2006).*

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Grant History: *(If you have national or international grants, mention them by date from past to present)*

Completed Grants: *(If you have any national or international completed grants, mention them by date from past to present)*

Lectures, Courses, Web-based Education: *(If you have presented or participated in any lecture, educational courses or web-based education, during the last 5 years mention their subject or title)*

2023: *Symposium Common interference in hormone assays 28-10-1402*

2022: *Webinar on the challenges of measuring free thyroid hormones 1401*

2022: *Webinar on challenges and guidelines for measuring parathyroid hormone (PTH) 1401*

2021: *Metabolomics basics workshop 1400*

2021: *Workshop on the principles and basics of western blot technique 1400*

2021: *Mathematics workshop in the laboratory 1400*

PROFESSIONAL SERVICE

Peer Review Groups/Grant Study Sections : *(Membership in research committees)*

Journal Service: *(Membership in the editorial board, being a journal director, chief editor or the journal reviewing board or any related position)*

1. *Associate Editor of the Lipids in Health and Disease Journal (Since 2023)*
2. *Editorial Board member of the Oncology Research Journal (Since 2023)*
3. *Editorial Board of the Journal of Applied Health Studies in Sport Physiology (JAHSSP) (2011-2018)*
4. *Member of the Scientific Committee and International Editorial Board in Medical and Health Sciences of the World Academy of Science, Engineering and Technology (since 2011)*
5. *Editorial Board member of the Iranian Journal of Endocrinology and Metabolism (2011-2018)*
6. *Editorial Board member of the International Journal of Endocrinology and Metabolism (IJEM) (2011-2018)*

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7. *Deputy Editor of the Iranian Journal of Endocrinology and Metabolism (IJEM) (Since 2018)*
8. *Associate Editor of the International Journal of Endocrinology and Metabolism (Since 2011)*
9. *Member of the Scientific Committee and Editorial Board of the Annals of Thyroid Research Journal (Since 2005)*

Professional Organizations: (*Membership in the Professional and specific Organizations*)

1. *Member of Biochemistry Committee in the Ministry of Health (2005-2018)*
2. *Head of the SC16 Technical Committee at the Iran National Standards Organization (2011-2017)*

Committees Memberships: (*Membership in university committees such as ethics committee in research and other professional committees*)

1. *Member of the Research- Executive Committee of Shahid Beheshti University of Medical Sciences (since 2023)*
2. *Member of the Ethics Committee of the Endocrinology Research Institute (since 2023)*
3. *Member of the Research Board of the Endocrine Sciences Research Institute (since 2010)*
4. *Member of the Paraclinical Committee of the Endocrinology Research Institute (since 2010)*

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Bibliography:

Peer-Reviewed Original Research : (*List of published articles according to Vancouver style, from past to present*)

1. International Published Papers:

353. Razavi SA, Mahmanzar M, Nobakht M Gh B.F, Zamani Z, Nasiri S, **Hedayati M**. Plasma metabolites analysis of patients with papillary thyroid cancer: A preliminary untargeted ¹H NMR-based metabolomics. *Journal of Pharmaceutical and Biomedical Analysis* (2024); <https://doi.org/10.1016/j.jpba.2023.115946>
352. Neshatbini Tehrani A, Hatami B, Helli B, Yari Z, ..., **Hedayati M**, ..., Hekmatdoost A. The effect of soy isoflavones on non-alcoholic fatty liver disease and the level of fibroblast growth factor-21 and fetuin A. *Scientific Reports* (2024); <https://doi.org/10.1038/s41598-024-55747-6>
351. Alizadeh S, Avandi M, Fico B.G, Mahdieh N, **Hedayati M**, Rambod C, Bakhshandeh H. The comparison of eight-week high-intensity interval training VS. moderate-intensity continuous training on inflammatory and metabolic biomarkers in type II diabetes: a pilot randomized controlled trial. *BMC Sports Science, Medicine and Rehabilitation* (2024); <https://doi.org/10.21203/rs.3.rs-3982189/v1> (Preprint)
350. Habibi D, Teymoori F, Ebrahimi N, ..., Azizi F, **Hedayati M**, ... , Mansourian M. Causal effect of serum 25 hydroxyvitamin D concentration on cardioembolic stroke: Evidence from Two-sample Mendelian randomization. *Nutrition, Metabolism and Cardiovascular Diseases* (2024); <https://doi.org/10.1101/2023.10.11.23296798>
349. Akbarzadeh M, Riahi P, Saeidian A.H, ..., **Hedayati M**, Daneshpour M.S., Azizi F. The Tehran longitudinal family-based cardiometabolic cohort study sheds new light on dyslipidemia transmission patterns. *Scientific Reports* (2024); <https://doi.org/10.1038/s41598-024-53504-3>
348. Asgarian S, Lanjanian H, Rahimipour Anaraki Sh, ..., **Hedayati M**, Azizi F, Daneshpour M.S. From Genes to Diagnosis: Examining the Clinical and Genetic

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Spectrum of Maturity-Onset Diabetes of the Young (MODY) in TCGS. Scientific Reports (2024); <https://doi.org/10.21203/rs.3.rs-3927463/v1> (Preprint)

347. Abooshahab R, Razavi F, Ghorbani F, ..., **Hedayati M**. Thyroid cancer cell metabolism: A glance into cell culture system-based metabolomics approaches. *Experimental Cell Research* (2024); <https://doi.org/10.1016/j.yexcr.2024.113936>
346. Azizi F, Amouzegar A, ..., **Hedayati M**, ..., Takyar M. Risk of recurrence at the time of withdrawal of short-or long-term methimazole therapy in patients with Graves' hyperthyroidism: a randomized trial and a risk-scoring model. *Endocrine* (2024); <https://doi.org/10.1007/s12020-023-03656-5>
345. Chary A, Tohidi M, Hasheminia M, ..., **Hedayati M**, Azizi F, Hadaeigh F. Association Between HDL2-C and HDL3-C with Cardiovascular Diseases: A Nested Case-Control Study in an Iranian Population. *International Journal of Endocrinology and Metabolism* (2024); <https://doi.org/10.5812/ijem-141550>
344. Zahedi A.S, Zarkesh M, Sedaghati-khayat B, **Hedayati M**, Azizi F, Daneshpour M.S. Insulin resistance-related circulating predictive markers in the metabolic syndrome: a systematic review in the Iranian population. *J Diabetes Metab Disord* (2023); <https://doi.org/10.1007/s40200-023-01347-6>
343. Azizi F, Delshad H, **Hedayati M**, Mirmiran P. Iodine status in Iran: from deficient to replete. *The Lancet Diabetes & Endocrinology* (2023); [https://doi.org/10.1016/S2213-8587\(23\)00318-2](https://doi.org/10.1016/S2213-8587(23)00318-2)
342. Akbarzadeh M, Pourganji M, Tabashiri A, Fateh ST, **Hedayati M**, Daneshpour MS. Genetically predicted smoking behaviors on Graves' disease: A two-sample mendelian randomization. *Europe PMC* (2023); <https://doi.org/10.1101/2023.10.12.23296814> (Preprint)
341. Akbarzadeh M, Heidari-Foroosan M, Talebi S, ..., **Hedayati M**, Daneshpour M.S. The causal relationship between Graves' disease and type 2 diabetes: Evidence from

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Bidirectional Mendelian Randomization Study. Cold Spring Harbor Laboratory Press (2023); <https://doi.org/10.1101/2023.11.07.23296920> (Preprint)

340. Khalili-Moghadam S, **Hedayati M**, Golzarand M, Mirmiran P. Effects of green coffee aqueous extract supplementation on glycemic indices, lipid profile, CRP, and malondialdehyde in patients with type 2 diabetes: a randomized, double-blind, placebo-controlled trial. *Front Nutr.* (2023); <https://doi.org/10.3389/fnut.2023.1241844>
339. Akbarzadeh M, pourganji M, Tabashiri A, Tehrani Fateh S, Azizi F, **Hedayati M**, Daneshpour M.S. Causal relationship between smoking behaviors on Graves disease: A two-sample mendelian randomization. Cold Spring Harbor Laboratory Press (2023); <https://doi.org/10.1101/2023.10.12.23296814> (Preprint)
338. Shirazkeytabar Kh, Razavi S.A., Abooshahab R, Salehipour P, Akbarzadeh M, Soroush A, **Hedayati M**, Nasiri Sh. Elevated Plasma Levels of MT4-MMP and MT6-MMP; A New Observation in Patients with Thyroid Nodules. *Arch Iran Med.* June 2023; 26, Pages:338-345, <https://doi.org/10.34172/aim.2023.51>.
337. Najd-Hassan-Bonab L, **Hedayati M**, Shahzadeh Fazeli S.A., Daneshpour M.S. An optimized method for PCR-based genotyping to detect human APOE polymorphisms. *Heliyon* (2023); e21102, <https://doi.org/10.1016/j.heliyon.2023.e21102>
336. Shafiee-Tabar Z, Saghebjo M, **Hedayati M**. The effect of aerobic training and hydroalcoholic extract of dill on skeletal muscle inflammation in a high-fat diet-induced obesity rat model. *Comparative Exercise Physiology* (2023); <https://doi.org/10.3920/CEP210029>
335. Akbarzadeh M, Tehrani Fateh S, Moeinafshar A, Habibi D, ..., **Hedayati M**, Daneshpour MS. Genetically predicted 25-Hydroxyvitamin D levels on Hypothyroidism: A two-sample Mendelian Randomization. Cold Spring Harbor Laboratory Press (2023); <https://doi.org/10.1101/2023.08.30.23294811> (Preprint)

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334. Habibi D, Akbarzadeh M, Teymoori F, Tehrani Fateh S, Masjoudi S, ..., **Hedayati M**, Daneshpour M.S, Mansourian M. Causality of Genetically Determined Monounsaturated Fatty Acids on Risk of Cardiovascular Disease: A Mendelian Randomization Study. Cold Spring Harbor Laboratory Press (2023); <https://doi.org/10.1101/2023.09.06.23295142> (Preprint)
- 333: Rezaie F, AmirMohammadi L, Karimi H, **Hedayati M**. Association of ADIPOQ gene variants with adiponectin levels, insulin resistance and non-alcoholic fatty liver disease, in an Iranian population. Molecular Biology Reports (2023); <https://doi.org/10.21203/rs.3.rs-3138728/v1> (Preprint).
- 332: Chary A, Tohidi M, **Hedayati M**. Association of LDL-cholesterol subfractions with cardiovascular disorders: A systematic review. BMC Cardiovascular Disorders (2023); <https://doi.org/10.21203/rs.3.rs-3105862/v1>
- 331: Rezaei Ahvanooei MR, Norouzian MA, **Hedayati M**, Ghaffari MH. Comprehensive review of resveratrol as a feed additive in dairy cows: exploring its potential diverse effects and implications. Veterinary Research Communications (2023); 47, pages 1115–1124, <https://doi.org/10.1007/s11259-023-10157-3>
- 330: Zahedi A.S, Daneshpour M.S, Akbarzadeh M, **Hedayati M**, Azizi F, Zarkesh M. Association of baseline and changes in adiponectin, homocysteine, high-sensitivity C-reactive protein, interleukin-6, and interleukin-10 levels and metabolic syndrome incidence: Tehran lipid and glucose study. Heliyon (2023); e19911, <https://doi.org/10.1016/j.heliyon.2023.e19911>
- 329: Heydarzadeh Sh, Moshtaghi A.A, Daneshpour M, **Hedayati M**. The effect of Apigenin on glycometabolism and cell death in an anaplastic thyroid cancer cell line. Toxicology and Applied Pharmacology (2023); Volume 475, Page 116626, <https://doi.org/10.1016/j.taap.2023.116626>

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- 328: Daneshpour M.S, Akbarzadeh M, Lanjanian H,, **Hedayati M** & Azizi F. Cohort profile update: Tehran cardiometabolic genetic study. *Eur J Epidemiol* (2023); 38, pages 699–711, <https://doi.org/10.1007/s10654-023-01008-1>
327. Hasanian-Langroudi F, Ghasemi A, **Hedayati M**, Siadat S.D, Tohidi M. Novel Insight into the Effect of Probiotics in the Regulation of the Most Important Pathways Involved in the Pathogenesis of Type 2 Diabetes Mellitus. *Probiotics & Antimicro. Prot.* (2023). <https://doi.org/10.1007/s12602-023-10056-8>
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325. Binayi S, Fahanik-Babaei J, Salimi M, Eskandari F, ..., **Hedayati M**, Khodagholi S, Eliassi A, Zardooz H. Endoplasmic reticulum stress inhibition ameliorated WFS1 expression alterations and reduced pancreatic islets' insulin secretion induced by high-fat diet in rats. *Scientific Reports* .(2023) volume 13, Article number: 1860. <https://doi.org/10.1038/s41598-023-28329-1>
324. Zarkesh M, Safarian M, Asghari G, Daneshafrooz A, Yuzbashian E, **Hedayati M**, Mirmiran P, Khalaj A. Is Habitual Dietary Intake of Fats Associated with Apelin Gene Expression in Visceral and Subcutaneous Adipose Tissues and Its Serum Levels in Obese Adults? *Public Health Genomics* (2023);26:16–23. <https://doi.org/10.1159/000526961>
323. Eskandari F, Salimi M, Binayi F, Abdollahifar MA, Eftekhary M, **Hedayati M**, Ghanbarian H., Zardooz H. Investigating the Effects of Maternal Separation on Hypothalamic-PituitaryAdrenal Axis and Glucose Homeostasis under Chronic Social Defeat Stress in Young Adult Male Rat Offspring. *Neuroendocrinology* (2023); 113:361–379. <https://doi.org/10.1159/000526989>
- 322: Masoudi M, Saghebjo M, Kazemi T, **Hedayati M**. The Effect of a Gym-and Home-based Training on Plasma TXNIP Level, Insulin Sensitivity, and Lipid Profile in

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- Hypertensive Men: A Randomized Controlled Trial. Middle East Journal of Rehabilitation and Health Studies (2022); 9: e129041, <https://doi.org/10.5812/mejrh-129041>.
- 321: Heydarzadeh Sh, Kheradmand Kia S, Boroomand S, **Hedayati M**. Recent Developments in Cell Line Shipping Methods: Pivotal Gaps in Cellular Death Sciences (2022), 119:2985–3006, <https://onlinelibrary.wiley.com/doi/10.1002/bit.28197>
320. Moazzam-Jazi M, Najd-Hassan-Bonab L, Masjoudi S, Tohidi M, **Hedayati M**, Azizi F, Daneshpour MS. Risk of type 2 diabetes and KCNJ11 gene polymorphisms: a nested case–control study and meta-analysis. Scientific Reports. (2022) volume 12, Article number: 20709. <https://doi.org/10.1038/s41598-022-24931-x>
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317. Heydarzadeh SH, Kheradmand Kia S, Boroomand S, **Hedayati M**. Recent developments in cell shipping methods. Biotechnology and Bioengineering .27 July 2022. 119 (11). P: 2985-3006. <https://doi.org/10.1002/bit.28197>
316. Masoudi M, Saghebjo M, Kazemi T, **Hedayati M**. The Effect of a Gym- and Home-based Training on Plasma TXNIP Level, Insulin Sensitivity, and Lipid Profile in Hypertensive Men: A Randomized Controlled Trial. Middle East J Rehabil Health Stud. 2022;9(4):e129041. doi: 10.5812/mejrh-129041.

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313. Yuzbashian E, C de Campos Zani S, Zarkash M, Asghari G, **Hedayati M**, Khalaj A, B Chan C. Elevated miR-143 and miR-34a gene expression in human visceral adipose tissue are associated with insulin resistance in non-diabetic adults: a cross-sectional study. *Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity*. (2022) volume 27, pages 3419–3428 <https://doi.org/10.1007/s40519-022-01476-6>
312. Zarkesh M, Arab N, Heydarzadeh SH, Nozhat Z, Abooshahab R, Salehi Jahromi M, Fanaei SA, **Hedayati M**. TIMP3 Gene Upstream CpG Island Methylation is Associated with BRAF V600E Mutation in Thyroid Neoplasms. September 27th, 2022. DOI: <https://doi.org/10.21203/rs.3.rs-2028260/v1>
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306. Abooshahab R, Ardalani H, Zarkesh M, Hooshmand K, Bakhshi A, Dass CD, **Hedayati M**. Metabolomics—A Tool to Find Metabolism of Endocrine Cancer. *Metabolites* 2022, 12, 1154. <https://doi.org/10.3390/metabo12111154>
305. Zarkesh M, Nozhat Z, Akbarzadeh M, Daneshpour MS, Mahmoodi B, Asghari G, **Hedayati M**, et al. Physical Activity and Exercise Promote Peroxisome Proliferator-Activated Receptor Gamma Expression in Adipose Tissues of Obese Adults. *Iran J Public Health*, Nov 2022, Vol. 51, No.11, pp.2619-2628. DOI:10.18502/ijph.v51i11.11181
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301. Nazeri P, Akbarzadeh M, Pearce EN, **Hedayati M**, Dalili H. Iodine Status of Preterm Infants Born in an Area of Iodine Sufficiency: Are They at Risk of Iodine Deficiency? Endocr Pract. 2022 Jun 6; S1530-891X (22)00520-1.
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