

Curriculum Vitae

Date of Revision: Feb 2024

Name: Parisa Amiri

Education:

- BC in Midwifery
Shahid Beheshti University of Medical Sciences, Tehran, Iran, 1990-1994.
- MSc of Health Education & Promotion
Tarbiat Modares University, Tehran, Iran, 1998-2001.
- PhD in Health Education & Promotion
Tarbiat Modares University, Tehran, Iran, 2006-2010.

Career/Academic Appointments:

Assistant Prof.	Date: 2011
Associate Prof.	Date: 2015
Full Prof.	Date: 2020

Administrative Positions:

- Board member of Iran Obesity Society, 2005-present.
- Associated member of Academy of Medical Sciences, 2016-present.
- Board member of Iranian Health Education and Promotion Society, 2008-2010.
- Head of Research Center for Social Determinants of Health, Research Institute for Endocrine Sciences, Shahid Beheshti University of Medical Sciences, 2013-present.

Professional Honors & Recognition:

- Member of the National Elite Foundation (2011-present)
- Third Rank in National Master's Degree Examination in the Field of Health Education (1999)
- First rank in comprehensive doctoral examination (2008)
- First rank in specialized doctoral level (2010)

Grant History/ Completed Grants:

- World Health Organization (WHO). “Technical support for scaling up the national program on prevention and control childhood obesity in Iran”.
- World Health Organization (WHO). “Technical assistance to plan a training course for childbirth workers and strengthen their capacity about new normal vaginal delivery skills”.
- The United Nations International Children's Emergency Fund (UNICEF). Management and control of Overweight and obesity in school age children through a primary health care (PHC) based program in Iran.
- Iranian Academy of Medical Sciences (IAMS). “Investigating psycho-socio-spiritual determinants of endocrine health among an urban population of Iran”.

Lecture, Courses, and Web-Based Education:

- Lecturer: "Principles of Health Education" for students in health education and promotion, Tarbiat Modares University, Tehran, Iran [2011-Present]
- Lecturer: "Food Choice Policies" for students of community nutrition, Shahid Beheshti University of Medical Sciences, Tehran, Iran [2016-Present]
- Workshop Facilitator: Qualitative Research Workshops, Research Institute for Endocrine Sciences, Shahid Beheshti University of Medical Sciences [2011-Present]

Journal Service:

- Associate editor in the International Journal Of Endocrinology and Metabolism. 2014-now

Committees Memberships:

- Member of the Research Faculty and Head of Research Center for Social Determinants of Health, Research Institute for Endocrine Sciences, Shahid Beheshti University of Medical Sciences. (Since 2011).
- Affiliated Member of the Spiritual Health Group, Academy of Medical Sciences of Iran (Since 2016).
- Member of the Board of Directors of the Iranian Scientific Association for Prevention and Treatment of Obesity (Since 2005).
- Member of the Board of Directors of the Iranian Scientific Association for Health Education and Promotion (2010-2008).
- Membership in the Scientific Committee of the National Diabetes and Lipid Plan, Tehran (Since 2002).
- Membership in the International Relations Council of Shahid Beheshti University of Medical Sciences (2006-2002).
- Researcher at the Obesity Prevention and Treatment Research Center, Endocrinology and Metabolism Research Institute, Shahid Beheshti University of Medical Sciences (2002-2011).
- Director of Public Relations and International Affairs at the Endocrinology and Metabolism Research Center, Shahid Beheshti University of Medical Sciences (2002-2006).
- Family Health Specialist, Deputy of Health, Shahid Beheshti University of Medical Sciences, Human Resources Plan (1998-2000).

Bibliography

Peer-Reviewed Original Research:

- Toorang F, Amiri P, A Djazayery, Pouraram H, Takian A. Worse becomes the worst: obesity inequality, its determinants and policy options in Iran. *Frontiers in Public Health* 2024 Feb 7; 12:1225260. doi: 10.3389/fpubh.2024.1225260. eCollection 2024.
- Ezzeddin N, Kalantari N, Abdollahi M, Amiri P, Amini B, Zayeri F. Outcomes of a homestead food production program on nutritional knowledge, dietary diversity, food security and empowerment of rural women in Tehran province, Iran. *BMC Public Health* 2024 Jan 8; 24(1):118. doi: 10.1186/s12889-024-17658-z.
- Parvin P, Mahani F, Cheraghi L, Yari-Boroujeni R, Azizi F, Amiri P*. Self-rated Health in Youth with Different Screen Time in Their Adolescence: Tehran Lipid and Glucose Study. *Arch Iran Med*. 2023 Dec 1; 26(12):671-678. doi: 10.34172/aim.2023.99.
- Masihay-Akbar H, Razmjouei S, Ainy E, Cheraghi L, Azizi F, Amiri P*. Cigarette smoking trajectories among adolescents and young adults in the Islamic Republic of Iran. *Eastern Mediterranean Health Journal* 2023, 29(11), pp. 839–849.
- Yari-Boroujeni R, Farjad M-F, Olazadeh K, Cheraghi L, Parvin P, Azizi F, Amiri P*. The association between leisure-time physical activity and blood pressure changes from adolescence to young adulthood: Tehran Lipid and Glucose Study. *Sci Rep* 2023 Nov 28; 13(1):20965. doi: 10.1038/s41598-023-48253-8.
- Cheraghi L, Niknam M, Masihay-Akbar H, Azizi F, Amiri P*. How Do Active and Passive Cigarette Smokers in Iran Evaluate Their Health? A Sex-Specific Analysis on the Full-Spectrum of Quality of Life. *Nicotine Tob Res* 2023 Aug 31; ntad157. doi: 10.1093/ntr/ntad157. Online ahead of print.
- Mahani F, Mehrabi F, Cheraghi L, Zareie-Shabkhaneh A, Azizi F, Amiri P*. Body mass index trajectories from childhood concerning emotional states in young adulthood: Tehran Lipid and Glucose Study. *Stress Health* 2023 Aug; 39(3):576-587. doi: 10.1002/smi.3208. Epub 2022 Nov 10.
- Masihay-Akbar H, Amiri P*, Naseri P, Azizi F. Men's Smoking Trajectories and Health-Related Quality of Life in the Whole Family: Tehran Lipid and Glucose Study. *Iran J Public Health* 2023 Jun; 52(6):1259-1268. doi: 10.18502/ijph.v52i6.12992.

- Ezzeddin N, Kalantari N, Zayeri F, Amiri P, Abdollahi M. Process Evaluation of a Nutrition-sensitive Agriculture Program in Rural Areas of Tehran Province, Iran. *Health Behavior and Policy Review* 2023, 10(1), pp. 1173–1186.
- Farahmand M, Amiri P*, Ramezani Tehrani F, Cheraghi L, Azizi F. Health-related quality of life in women with various levels of spiritual health. *Women Health* 2023 May-Jun;63(5):392-401. doi: 10.1080/03630242.2023.2223674. Epub 2023 Jun 11.
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- Niknam M, Omidvar N, Eini-Zinab H, Kalantari N, Olazadeh K, Amiri P*. Improving community readiness among Iranian local communities to prevent childhood obesity. *BMC Public Health* 2023 Feb 15; 23(1):344. doi: 10.1186/s12889-023-15163-3.
- Jalali-Farahani S, Amiri P, Zarani F, Azizi F. A Qualitative Exploration of Body Image from the Perspective of Adolescents with a Focus on Psychological Aspects: Findings from Iran. *Child Psychiatry Hum Dev.* 2023 Feb; 54(1):202-212. doi: 10.1007/s10578-021-01235-1. Epub 2021 Sep 9.
- Mehrabi F, Mahani F, Cheraghi L, Kheradmand A, Azizi F, Amiri P*. Health-related quality of life in those with persistent or transient obesity phenotypes during two decades: Tehran Lipid and Glucose Study. *Obes Facts* 2023;16(3):273-281. doi: 10.1159/000529596. Epub 2023 Feb 9.
- Amiri P, Ghadirian F, Parvin P, Cheraghi L, Khalili D, Alamdari S, Azizi F. A 10-Year Cardiovascular Risk in Adults with Different Levels of Spiritual Health:Tehran Lipid and Glucose Study. *Glob Heart* 2023 Jan 23;18(1):1. doi: 10.5334/gh.1169. eCollection 2023.
- Niknam M, Omidvar N, Amiri P*, Eini-Zinab H, Kalantari N. Adapting the Community Readiness Model and Validating a Community Readiness Tool for Childhood Obesity

Prevention Programs in Iran. *J Prev Med Public Health* 2023 Jan; 56(1):77-87. doi: 10.3961/jpmp.22.409. Epub 2023 Jan 10.

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- Sadeghi S, Mahani F, Amiri P*, Alamdari S, Khalili D, Saadat N, Ebadi SA, Mahdavi Hazaveh AR, Shahrzad MK, Azizi F. Barriers Toward the National Program for Prevention and Control of Diabetes in Iran: A Qualitative Exploration. *Int J Health Policy Manag.* 2023; 12:6908. doi: 10.34172/ijhpm.2022.6908. Epub 2022 Oct 18.
- Mehrabi, F, Amiri P*, Naseri, P, Azizi, F. Factors Associated with Depression, Anxiety, and Stress in Men and Women: Findings from a Population-Based Study in Iran. *ARCHIVES OF IRANIAN MEDICINE* 2022 Aug; 25 (8), pp.533-541.
- Toorang F, Takian A, Pouraram H, Amiri P, Abdullahi Z. Setting and prioritizing evidence-informed policies to control childhood obesity in Iran: a mixed Delphi and policy dialogue approach. *BMC Pediatr.* 2022 Dec 20;22(1):724. doi: 10.1186/s12887-022-03796-z.
- Jalali-Farahani S, Amiri P*. Psychometric properties of the Persian version of the Food Choice Questionnaire (FCQ) and food choice motives among the study samples. *Public Health Nutr.* 2022 Nov 25:1-23. doi: 10.1017/S1368980022002233. Online ahead of print.
- Mahani F, Mehrabi F, Cheraghi L, Zareie-Shabkhaneh A, Azizi F, Amiri P*. Body mass index trajectories from childhood concerning emotional states in young adulthood: Tehran Lipid and Glucose Study. *Stress Health.* 2022 Nov 3. doi: 10.1002/smi.3208. Online ahead of print.
- Parvin P, Masihay-Akbar H, Cheraghi L, Razmjouei S, Shab-Khaneh AZ, Azizi F, Amiri P*. Effectiveness of a practical multi-setting lifestyle intervention on the main BMI trajectories from childhood to young adulthood: A community-based trial. *BMC Public Health.* 2022 Oct 31; 22(1):1995. doi: 10.1186/s12889-022-14306-2.
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- Masihay-Akbar H, Amiri P*, Rezaei M, Jalali-Farahani S, Cheraghi L, Momenan AA, Azizi F. The Long-Term Effectiveness of a Multi-Setting Lifestyle Intervention on Tobacco-Related Habits in Adolescent Boys and Girls: Tehran Lipid and Glucose Study. *J Sch Health.* 2022 Sep; 92(9):888-897. doi: 10.1111/josh.13193. Epub 2022 May 18.
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Weight Management Process in Adolescents? A Systematic Review and Meta-Analysis. *Int J Behav Med.* 2022 Feb; 29(1):78-103. doi: 10.1007/s12529-021-09994-w. Epub 2021 Jul 15.

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- Jalali-Farahani S, Amiri P, Lashkari B, Cheraghi L, Hosseinpanah F, Azizi F. Prognostic value of different maternal obesity phenotypes in predicting offspring obesity in a family-based cohort study. *BMC Public Health* 2021 May 8; 21(1):885. doi: 10.1186/s12889-021-10932-4.
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- Mehrabi F **Amiri P***, Cheraghi L, Kheradmand A, Hosseinpanah F, Azizi F. Emotional states of different obesity phenotypes: a sex-specific study in a west-Asian population. *BMC Psychiatry* 2021 Mar 4; 21(1):124. doi: 10.1186/s12888-021-03131-3.
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Parental Risk: a Longitudinal Analysis in an Urban Iranian Population. *International Journal of Behavioral Medicine* 2020 Dec; 27(6):698-706. doi: 10.1007/s12529-020-09910-8.

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- Shayeghian Z, **Amiri P***, Vahedi-Notash G, Karimi, M, Azizi, F. Response Comment on "Validity and Reliability of the Iranian Version of the Short Form Social Well Being Scale in a General Urban Population". *IRANIAN JOURNAL OF PUBLIC HEALTH* 2020 Apr; 49(4): 820-821.(LETTER)
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