

# CURRICULUM VITAE

**Date of Revision: 3 July 2024**

**Name: Somayeh Hosseinpour-Niazi**

**Education:**

- *B.Sc. in Nutrition, Shahdi Beheshti University of medical Sciences, 2000-2004 (GPA: 18.1)*
- *M.Sc. in Nutrition, Shahdi Beheshti University of medical Sciences, 2007-2010 (GPA: 18.3)*
- *Ph.D in Nutrition, Shahdi Beheshti University of medical Sciences, 2017-2021 (GPA: 19.1)*

**Career/Academic Appointments:**

- *Assistance professor, Shahdi Beheshti University of medical Sciences, Since 2022*

**Administrative Positions:**

- *Secretary of the students' research committee, Shahdi Beheshti University of medical Sciences, 2019-2022*

**Professional Honors & Recognition:**

- *Vezevaei Research grant award, Iran's National Elites Foundation, 2019*
- *Vezevaei Research grant award, Iran's National Elites Foundation, 2020*

**Grant History:**

**Completed Grants:**

**Lectures, Courses, Web-based Education:**

- *2012-2014: Teaching Nutrition to M.SC student, 2019-2021*

**PROFESSIONAL SERVICE**

**Peer Review Groups/Grant Study Sections : (Membership in research committees)**

2024:.....  
2023:.....  
2022:.....  
2021:.....

2020:.....

...

**Journal Service:** (*Membership in the editorial board, being a journal director, chief editor or the journal reviewing board or any related position*)

***Editorial board:***

- *Word journal of diabetes, 2018-2022*

***Reviewers:***

- *Metabolic syndrome and related disorders*
- *International journal of endocrinology and metabolism*
- *BMC Nutrition*
- *BMC public Health*
- *Scientific report*
- *Iranian journal of endocrinology and metabolism*

**Professional Organizations:** (*Membership in the Professional and specific Organizations*)

2024:.....  
2023:.....  
2022:.....  
2021:.....  
2020:.....  
....

**Committees Memberships:** (*Membership in university committees such as ethics committee in research and other professional committees*)

2024:.....  
2023:.....  
2022:.....  
2021:.....  
2020:.....  
...

**Bibliography:**

**Peer-Reviewed Original Research**

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3. Mirmiran P, **Hosseinpour-Niazi S**, Naderi Z, Bahadoran Z, Sadeghi M, Azizi F. Association between interaction and ratio of  $\omega$ -3 and  $\omega$ -6 polyunsaturated fatty acid and the metabolic syndrome in adults. *Nutrition* 2012; 28 (9): 856-63. IF=2.859; doi: 10.1016/j.nut.2011.11.031
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5. **Hosseinpour-Niazi S**, Mirmiran P, Sohrab G, Hosseini-Esfahani F, Azizi F. Inverse association between fruit, legume, and cereal fiber and the risk of metabolic syndrome: Tehran Lipid and Glucose Study. *Diabetes Res Clin Pract*. 2011; 94(2): 276-83. IF=2.754. doi: 10.1016/j.diabres.2011.07.020
6. Mirmiran P, Shab-Bidar S, Hosseini-Esfahani F, Asghari G, **Hosseinpour-Niazi S**, Azizi F. Magnesium intake and prevalence of metabolic syndrome in adults: Tehran Lipid and Glucose Study. *Public Health Nutr* 2012; 15(4): 693-701. IF=2.169. doi: 10.1017/S1368980011002941

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11. **Hosseinpour-Niazi S**, Mirmiran P, Mirzaei S, Azizi F. Cereal, fruit, and vegetable fiber intake and the risk of metabolic syndrome: a prospective study in the Tehran Lipid and Glucose Study. *J Hum Nutr Diet* 2014; 28 (3): 236-45. IF=1.987. doi: 10.1111/jhn.12242.
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17. **Somayeh Hosseinpour-Niazi**, Parvin Mirmiran, Arefeh Fallah-ghohroudi, Fereidoun Azizi. Non-soy legume-based therapeutic life style change diet reduces inflammatory

status in diabetic patients: A randomised cross-over clinical trial. *Br J Nutr* 2015; 114: 213-219. IF=3.311. doi: 10.1017/S0007114515001725

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45. **Hosseinpour-Niazi S**, Mirmiran P, Hadaegh F, Daneshpour MS, Hedayati M, Azizi F. The effect of TCF7L2 polymorphisms on inflammatory markers after 16 weeks of legume-based dietary approach to stop hypertension (DASH) diet versus a standard

DASH diet: a randomised controlled trial. *Nutr Metab (Lond)* .2022 May 18;19(1):35. IF=4.654. doi: 10.1186/s12986-022-00671-7.

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### **Chapters, Books:**

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2. Mirmiran P, Hosseini S, Hosseinpour-niazi S. Hydrogenated vegetable oils and trans fatty acids: profile and application to diabetes (chapter2). In: Watson RR, Preedy VR. Bioactive Food as Dietary Interventions for Diabetes. UK: Elsevier; 2019, P. 19-31.
3. Hosseinpour-Niazi S, Mirmiran P. The Effect of Muslim Fasting on Metabolic Syndrome and Insulin Resistance (Chapter 15). In: Azizi F, Delshad H, Khoshniat Nikoo M. A comprehensive study of Muslin Fasting Health and Benefits. Iran: Behnashr Publishing, 2021, P287-304.
4. Hosseinpour-Niazi S, Mirmiran P, and Delshad H. Diet therapy and drug therapy in metabolic syndrome. Iran: Farsiran Publishing, 2016.

### **Invited Editorials, Commentaries, Reports and Case Studies**