

## CURRICULUM VITAE

**Date of Revision: 04/20/ 2024**

**Name: Atieh Amouzegar**

**Education:** *(Start with the first academic degree according to date; from past to present)*

1. 1998. Medical doctor. Iran University of Medical Sciences, Tehran Iran Year of Graduation.
2. 2004. Specialty of Internal Medicine .Tehran University of medical science, Tehran Iran
3. 2007. Sub specialty of endocrinology and metabolism Shahid Beheshti University of medical science, Tehran Iran

**Career/Academic Appointments:** *(Academic positions should be listed by date from past to present )*

1. 2007-2012- Faculty member, Endocrine Research Center, Research Institute for Endocrine Sciences, Shahid Beheshi University of Medical Sciences, Tehran, Iran (2007-2012).
2. 2012 to now- Faculty member (Director), Endocrine Research Center, Research Institute for Endocrine Sciences, Shahid Beheshi University of Medical Sciences, Tehran, Iran (2012-2024).

**Administrative Positions:** *(Administrative position should be listed by date from past to present )*

1. 2012 to now- Director: Endocrine Research Center, Research Institute for Endocrine Sciences, Shahid Beheshti University of Medical Sciences, Tehran, Iran (2012-2024).

**Professional Honors & Recognition:** *(Scientific Awards, incentives and obtained scientific points should be mentioned by date from past to present)*

1. 2007- Second rank of National Board of Endocrinology
2. 2014- Outstanding Researcher in Endocrinology and Metabolism (Avicenna Prize) in 14th
3. 2018- Distinguished Associate Professor in 9th- Festival of Shahid Beheshti University of Medical Sciences
4. 2023- First rank of academy of medical sciences

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**Grant History:** *(If you have national or international grants, mention them by date from past to present)*

**Completed Grants:** *(If you have any national or international completed grants, mention them by date from past to present)*

**Lectures, Courses, Web-based Education:** *(If you have presented or participated in any lecture, educational courses or web-based education, during the last 5 years mention their subject or title)*

2024: Web-based Education in the field of thyroid disorders and diabetes

**Journal Service:** *(Membership in the editorial board, being a journal director, chief editor or the journal reviewing board or any related position)*

1. 2013 to now- Associate Editor of International Journal of Endocrinology & Metabolism

**Professional Organizations:** *(Membership in the Professional and specific Organizations)*

1. 2012 to now- Member of Iran Endocrine Society

**Committees Memberships:** *(Membership in university committees such as ethics committee in research and other professional committees)*

Member of Iran Endocrine Society **(Since 2012)**

**Bibliography:**

**Peer-Reviewed Original Research :** *( List of published articles according to Vancouver style, from past to present)*

**2011:**

1. Azizi F, Amouzegar A. Eur J Endocrinol. Management of hyperthyroidism during pregnancy and lactation. 2011 Jun; 164(6):871-6.

2. Azizi F, Hosseini MS, Amouzegar A, Tohidi M, Ainy E. Neonatal thyroid status in an area of iodine sufficiency. J Endocrinol Invest. 2011 Mar; 34(3):197-200.

3. Ghazi AA, Boustani I, Amouzegar A, Attarian H, Pourafkari M, Gashti HN, Sabetian T, Tirgari F, Ghazi S, Kovacs K. Postpartum hypercalcemia secondary to a neuroendocrine tumor of pancreas; a case report and review of literature. Iran J Med Sci. 2011 Sep; 36(3):217-21.

**2012:**

4. Mehran L, Amouzegar A, Delshad H, Azizi F. Association between serum TSH concentration and body mass index in euthyroid subjects: the role of smoking. Arch Iran Med. 2012 Jul; 15(7):400-3.

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5. Delshad H, Amouzegar A, Mirmiran P, Mehran L, Azizi F. Eighteen years of continuously sustained elimination of iodine deficiency in the Islamic Republic of Iran: the vitality of periodic monitoring. *Thyroid*. 2012 Apr; 22(4):415-21.
6. Mehran L, Amouzegar A, Delshad H, Azizi F. The association of cigarette smoking with serum TSH concentration and thyroperoxidase antibody. *Exp Clin Endocrinol Diabetes*. 2012 Feb; 120(2):80-3.
7. Zadeh-Vakili A, Ramezani Tehrani F, Hashemi S, Amouzegar A, Azizi F. Relationship between Sex Hormone Binding Globulin, Thyroid Stimulating Hormone, Prolactin and Serum Androgens with Metabolic Syndrome Parameters in Iranian Women of Reproductive Age. *Diabetes Metab* 2012; S2-008.
8. Sabet Z, Azizi F, Amouzegar A. Serum testosterone, free testosterone index and SHBG concentration for reduction of metabolic syndrome in Tehranian men. *Endocrine Care* 2012; VIII: 453-466.

### **2013:**

9. Amouzegar A, Azizi F. Hormones (Athens). Variations of urinary iodine during the first trimester of pregnancy in an iodine-replete area. Comparison with non-pregnant women. 2013 Jan-Mar; 12(1):111-8.
10. Fam B, Amouzegar A, Arzhan S, Ghanbariyan A, Delshad M, Hosseinpanah F, Azizi F. Association between Physical Activity and Metabolic Risk Factors in Adolescents: Tehran Lipid and Glucose Study. *Int J Prev Med*. 2013 Sep; 4(9):1011-7.
11. Amouzegar A, Delshad H, Mehran L, Tohidi M, Khafaji F, Azizi F. Reference limit of thyrotropin (TSH) and free thyroxine (FT4) in thyroperoxidase positive and negative subjects: a population based study. *J Endocrinol Invest*. 2013 Dec; 36(11):950-4.
12. Mehran L, Amouzegar A, Delshad H, Askari S, Hedayati M, Amirshakari G, Azizi F. Trimester-specific reference ranges for thyroid hormones in Iranian pregnant women. *J Thyroid Res*. 2013; 2013:651517.
13. Azizi F, Amouzegar A, Delshad H, Tohidi M, Mehran L, Mehrabi Y. Natural course of thyroid disease profile in a population in nutrition transition: Tehran Thyroid Study. *Arch Iran Med*. 2013 Jul; 16(7):418-23.
14. Alamdari S, Azizi F, Delshad H, Sarvghadi F, Amouzegar A, Mehran L. Management of hyperthyroidism in pregnancy: comparison of recommendations of american thyroid association and endocrine society. *J Thyroid Res*. 2013; 2013:878467.
15. Mehran L, Tohidi M, Sarvghadi F, Delshad H, Amouzegar A, Soldin OP, Azizi F. Management of thyroid peroxidase antibody euthyroid women in pregnancy: comparison of the American thyroid association and the endocrine society guidelines. *J Thyroid Res*. 2013; 2013:542692.
16. Faam B, Hosseinpanah F, Amouzegar A, Ghanbarian A, Asghari G, Azizi F. Leisure-time physical activity and its association with metabolic risk factors in Iranian adults: Tehran Lipid and Glucose Study, 2005-2008. *Prev Chronic Dis*. 2013; 10:E36.

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17. Azizi F, Mehran L, Amouzegar A, Delshad H, Tohidi M, Askari S, Hedayati M. Establishment of the trimester-specific reference range for free thyroxine index. *Thyroid*. 2013 Mar; 23(3):354-9.

**2014:**

18. Amouzegar A, Ainy E, Khazan M, Mehran L, Hedayati M, Azizi F. Local versus international recommended TSH references in the assessment of thyroid function during pregnancy. *Horm Metab Res*. 2014 Mar; 46(3):206-10.

19. Amouzegar A, Khazan M, Hedayati M, Azizi F. An assessment of the iodine status and the correlation between iodine nutrition and thyroid function during pregnancy in an iodine sufficient area. *Eur J Clin Nutr*. 2014 Mar; 68(3):397-400.

20. Azizi F, Amouzegar A, Mehran L, Alamdari S, Subekti I, Vaidya B, Poppe K, Sarvghadi F, Luis Jr TS, Akamizu T. Management of hyperthyroidism during pregnancy in Asia. *Endocr J*. 2014; 61(8):751-8.

21. Azizi F, Amouzegar A, Mehran L, Alamdari S, Subekti I, Vaidya B, Poppe K, Luis Jr TS, Akamizu T. Screening and management of hypothyroidism in pregnancy: Results of an Asian survey. *Endocr J*. 2014; 61(7):697-704.

22. Amouzegar A, Beigy M, Gharibzadeh S, Azizi F. Underestimation of Thyroid Dysfunction Risk Due to Regression Dilution Bias in a Long-Term Follow-Up: Tehran Thyroid Study (TTS). *Horm Metab Res*. 2014 Jun; 46(6):440-4.

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24. Delshad H, Amouzegar A, Mehran L, Azizi F. Comparison of two guidelines on management of thyroid nodules and thyroid cancer during pregnancy. *Arch Iran Med*. 2014 Oct; 17(10):670-3.

25. Amouzegar A, Mehran L, Sarvghadi F, Delshad H, Azizi F, Lazarus JH. Comparison of the American Thyroid Association with the Endocrine Society practice guidelines for the screening and treatment of hypothyroidism during pregnancy. *Hormones (Athens)*. 2014 Jul-Sep; 13(3):307-13.

26. Mehran L, Amouzegar A, Tohidi M, Moayedi M, Azizi F. Serum free thyroxine concentration is associated with metabolic syndrome in euthyroid subjects. *Thyroid*. 2014 Nov; 24(11):1566-74.

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**2015:**

27. Amouzegar A, Kazemian E, Gharibzadeh S, Mehran L, Tohidi M, Azizi F. Association between thyroid hormones, thyroid antibodies and insulin resistance in euthyroid individuals: A population-based cohort. *Diabetes Metab.* 2015 Dec; 41(6):480-8.

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**2016:**

28. Azizi F, Mehran L, Amouzegar A, Alamdari S, Subetki I, Saadat N, Moini S, Sarvghadi F. Prevalent Practices of Thyroid Diseases During Pregnancy Among Endocrinologists, Internists and General Practitioners. *Int J Endocrinol Metab*. 2015 Nov 7; 14(1):e29601. doi: 10.5812/ijem.29601. eCollection 2016 Jan.
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30. Amouzegar A, Heidari M, Gharibzadeh S, Mehran L, Tohidi M, Azizi F. The Association between Blood Pressure and Normal Range Thyroid Function Tests in a Population Based Tehran Thyroid Study. *Horm Metab Res*. 2016 Mar; 48(3):151-6.
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38. Amouzegar A, Mehran L, Hasheminia M, Kheirkhah Rahimabad P, Azizi F. The predictive value of metabolic syndrome for cardiovascular and all-cause mortality: Tehran Lipid and Glucose Study. *Diabetes Metab Res Rev*. 2017 Jan; 33(1).
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41. Amouzegar A, Ghaemmaghami Z, Beygi M, Gharibzadeh S, Mehran L, Tohidi M, Azizi F. Natural course of euthyroidism and clues for early diagnosis of thyroid dysfunctions: Tehran Thyroid Study (TTS). *Thyroid*. 2017 May;27(5):616-625.
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43. Mehran L, Amouzegar A, Rahimabad PK, Tohidi M, Tahmasebinejad Z, Azizi F. Thyroid Function and Metabolic Syndrome: A Population-Based Thyroid Study. *Horm Metab Res*. 2017 Mar;49(3):192-200.
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49. Abdi H, Kazemian E, Gharibzadeh S, Amouzegar A, Mehran L, Tohidi M, Rashvandi Z, Azizi F. Association between Thyroid Function and Body Mass Index: A 10-Year Follow-Up. *Ann Nutr Metab.* 2017;70(4):338-345.
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51. Azizi F, Amouzegar A. Controversies in Management of Hyperthyroidism during Pregnancy. *Arch Iran Med.* 2017 Oct; 20(10):657-658.
52. Mehran L, Khalili D, Yarahmadi S, Amouzegar A, Mojarrad M, Ajang N, Azizi F. Worldwide Recall Rate in Newborn Screening Programs for Congenital Hypothyroidism.. *Int J Endocrinol Metab.* 2017 Jun 25;15(3):e55451.
53. Askari S, Abdi H, Ahmadi S, Bahadoran Z, Amouzegar A. Knowledge of Thyroid Disorders during Pregnancy among General Practitioners in Iran. *Int J Endocrinol Metab.* 2017 Jun 21;15(3):e55450.
54. Ghazi AA, Zadeh-Vakili A, Zarif Yeganeh M, Alamdari S, Amouzegar A, Khorsandi AA, Amirbaigloo A, Azizi F. Hereditary Vitamin D Resistant Rickets: Clinical, Laboratory, and Genetic Characteristics of 2 Iranian Siblings. *Int J Endocrinol Metab.* 2017 Jul 31;15(3):e12384.
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## **2018:**

57. Tohidi M, Derakhshan A, Akbarpour S, Amouzegar A, Mehran L, Baghbani-Oskouei A, Azizi F, Hadaegh F. Thyroid Dysfunction States and Incident Cardiovascular Events: The Tehran Thyroid Study. *Horm Metab Res.* 2018 Jan;50(1)
58. Azizi F, Amouzegar A. Management of thyrotoxicosis in children and adolescents: 35 years' experience in 304 patients. *J Pediatr Endocrinol Metab.* 2018 Jan 26;31(2):159-165.
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60. Amouzegar A, Kazemian E, Abdi H, Mansournia MA, Bakhtiyari M, Hosseini MS, Azizi F. Association Between Thyroid Function and Development of Different Obesity Phenotypes in Euthyroid Adults: A Nine-Year Follow-Up.. *Thyroid.* 2018 Apr;28(4):458-464.
61. Abdi H, Azizi F, Amouzegar A. Insulin Monotherapy Versus Insulin Combined with Other Glucose-Lowering Agents in Type 2 Diabetes: A Narrative Review. *Int J Endocrinol Metab.* 2018 Apr 21;16(2):e65600.
62. Azizi F, Mehran L, Hosseinpanah F, Delshad H, Amouzegar A. A Secondary and tertiary preventions of thyroid disease. *Endocr Res.* 2018 May;43(2):124-140.
63. Abdi H, Amouzegar A, Tohidi M, Azizi F, Hadaegh F. Blood Pressure and Hypertension: Findings from 20 Years of the Tehran Lipid and Glucose Study (TLGS). *Int J Endocrinol Metab.* 2018 Oct 20 ;16(4 Suppl):e84769.
64. Parizadeh D, Momenan AA, Amouzegar A, Azizi F, Hadaegh F. Tobacco Smoking: Findings from 20 Years of the Tehran Lipid and Glucose Study. *Int J Endocrinol Metab.* 2018 Oct 31;16(4 Suppl):e84738.
65. Amouzegar A, Mehran L, Takyar M, Abdi H, Azizi F. Tehran Thyroid Study (TTS). *Int J Endocrinol Metab.* 2018 Oct 24; 16(4 Suppl):e84727.
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## **2019:**

69. Nodehi M, Ajami A, Izad M, Asgarian Omran H, Chahardoli R, Amouzegar A, Yekaninejad S, Hemmatabadi M, Azizi F, Esfahanian F, Mansouri F, Mazaheri Nezhad Fard R, Saboor-Yaraghi AA. Effects of vitamin D supplements on frequency of CD4+ T-cell subsets in women with Hashimoto's thyroiditis: a double-blind placebo-controlled study. *Eur J Clin Nutr*. 2019 Jan 29. doi: 10.1038/s41430-019-0395-z.
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71. Azizi F, Takyar M, Madreseh E, Amouzegar A. Treatment of Toxic Multinodular Goiter: Comparison of Radioiodine and Long-Term Methimazole Treatment. *Thyroid*. 2019 May;29(5):625-630.
72. Azizi F, Takyar M, Madreseh E, Amouzegar A. Long-term Methimazole Therapy in Juvenile Graves' Disease: A Randomized Trial. *Pediatrics*. 2019 May;143(5). pii: e20183034.
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77. Mehran L, Yarahmadi S, Khalili D, Hedayati M, Amouzegar A, Mousapour P, Ajang N, Azizi F. Audit of the Congenital Hypothyroidism Screening Program in 15 Provinces of Iran. *Arch Iran Med*. 2019 Jun 1;22(6):310-317
78. Amiri P, Mohammadzadeh-Naziri K, Abbasi B, Cheraghi L, Jalali-Farahani S, Momenan AA, Amouzegar A, Hadaegh F, Azizi F. Smoking habits and incidence of cardiovascular diseases in men and women: findings of a 12 year follow up among an urban Eastern-Mediterranean population. *BMC Public Health*. 2019 Aug 5;19(1):1042. doi: 10.1186/s12889-019-7390-0.
79. Kazemian E, Amouzegar A, Akbari ME, Moradi N, Gharibzadeh S, Jamshidi-Naeini Y, Khademolmele M, As-Habi A, Davoodi SH. Vitamin D receptor gene polymorphisms affecting changes in visceral fat, waist

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**Chapters, Books:( *List of chapters or published books according to Vancouver style, from past to present*)**

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