

In the Name of God

Personal Details

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Education

1st PhD: Tarbiat Modares University, Tehran, Iran, 2014

2nd MS: Tarbiat Modares University, Tehran, Iran, 2008

3rd BS: Allameh Tabatabaee University, Tehran, Iran, 2005

Career Summary

Research Center for Social Determinants of Endocrine Health, Research Institute for Endocrine Sciences, Shahid Beheshti University of Medical Sciences, Tehran, Iran *October 2013 – Present.*

Tehran University of Medical Sciences, Teaching of health psychology. Tehran, Iran *December 2011- June 2012.*

Counseling center, Tarbiat Modares University, Tehran, Iran, *February 2008 – December 2013*

Arsh Counseling center, Tarbiat Modares University, Tehran, Iran, *April - August 2013*

Kadkhodayi Middle School. Counseling center, *November 2010*

Membership of Professional Bodies

Psychology and Counseling Organization. Membership Number: 5012, Tehran, Iran, 2008-Present

Psychological Association of IRAN. Membership Number: 1635, Tehran, Iran, 2006-Present

Iranian Psychological Association. Tehran, Iran, 2006-Present

Peer Reviewed Publications

Zeinab Shayeghian, The Moderating role of coping style and social support in effect of ACT on HbA1c, quality of life and self care in type II diabetics, PhD thesis. 2014.

Zeinab Shayeghian, The Relationship Between Parental Bonding, Core Beliefs, Eating Disorder Beliefs and Eating Disorder Symptoms. M.S. thesis. 2008.

Zeinab Shayeghian, Kazem Rasolzadeh Tabatabaey, Seddighi looye. Effect of Prenatal Maternal Anxiety on Pregnancy outcome and Infant's Mental Health. *Hayat* 2008; 14 (3): 57-64.

Zeinab Shayeghian, Maria E. Aguilar-Vafaie, The Evaluation of Psychometric Properties of Eating Disorder Beliefs Questionnaire (EDBQ), *Advances in Cognitive Science* 2009; 11, 2: 38-46.

Zeinab Shayeghian, Maria E. Aguilar-Vafaie, Kazem Rasolzadeh Tabatabaey. The Mediating Role of Core Beliefs, Eating Disorder Beliefs in The Relationship Between Parental Bonding and Eating Disorder Symptoms. *Advances in Cognitive Science* 2010; 11, 4: 29-39.

Zeinab Shayeghian, Maria E. Aguilar-Vafaie. The Evaluation of Psychometric Properties of Eating Disorder Inventory (EDI). *Quarterly Journal of Psychological Studies* 2010; 6 (2):9-24.

Zeinab Shayeghian, Maria E. Aguilar-Vafaie. Kazem Rasolzadeh Tabatabaey. Core maladaptive schemas and parental bonding among female adolescent with normal weight, overweight and anorexia symptoms. *Pejouhandeh* 2011;16(1):30-8.

Zeinab Shayeghian, Kazem Rasoolzadeh tabtabae, Kobra Rahimi, Sama Parian. The psychometric evaluation of mobile phone problem usage scale (MPPUS). *Pejouhandeh* 2012;17(5):246-51.

Maryam Zare, **Zeinab shayeghian**, Behrooz Birashk, Azizeh Afkham Ebrahimi. Reliability, Validity and Factor Analysis of Cohen-Mansfield Agitation Inventory (CMAI). *Iranian Journal of Psychiatry and Clinical Psychology* 2012; 18, 1: 67-73.

Maryam Zare, Ahmad Alipour, **Zeinab shayeghian**, Faezeh Khaleghi Delavar, Hosniye Shahriari , Fatemeh Amirabadi. The Evaluation of Psychometric Properties of Diabetes Empowerment Scale (short form). *Health Psychology* 2012; 1, 3: 50-59.

Mahnaz Aliakbari, Aliasghar Guybari, Maryam Zare, **Zeinab Shayeghian**, Fatemeh Amirabadi, Faezeh khalegy, Hosnieh Shahriary. The Evaluation of Psychometric Properties and factor analysis of Cloninger's preschool Temperament and Character Inventory (ps-TCI). *Journal of Educational Measurement* 2012; 8 : 39-64.

Maryam Zare, Alireza Aghayousefi, Majid Saffarnia, **Zeinab Shayeghian**. Addiction and drug abuse: the role of automatic thoughts, coping strategies and neuroticism in relapse. *Quarterly Journal of Research on Addiction* 2010; 4,15: 35-48.

Hossein Zare, Feaze khalegi Delavar, Maryam Zare, **Zeinab shayeghian**, The effectiveness of mindfulness in reduction of impulsivity and aggression in adolescents. *Journal of Research & Health*; 2013.

Zeinab Shayeghian, Maria E. Aguilar-Vafaie, Mohammad Ali Besharat, Parisa Amiri, Mahmoud Parvin, Kobra Roohi Gillani. The Association between Self-Care and Control of Blood Sugar and Health-related Quality of Life in Type II Diabetes Patients. *Iranian Journal of Endocrinology and Metabolism* 2014; 15, 6: 545-551.

Zeinab Shayeghian, Parisa Amiri, Maria E. Aguilar-Vafaie, Mahmoud Parvin, Kobra Roohi Gillani. The Effect of Alexithymia on the association between self-care and control of blood sugar in type II diabetes patients 2014; 13 (2): 123-130.

Zeinab Shayeghian, Maria E. Aguilar-Vafaie, Mohammad Ali Besharat, Parisa Amiri, Mahmoud Parvin, Kobra Roohi Gillani. The moderating role of alexithymia in association between perceived social support and Glycated Haemoglobin in Patients with Type 2 Diabetes. *Pejouhandeh* 2014; under review.

Zeinab Shayeghian, Parisa Amiri, Maria E. Aguilar-Vafaie, Mohammad Ali Besharat, Mahmoud Parvin, Kobra Roohi Gillani. The association between Perceived social support and diabetes-dependent quality of life in patients with type II diabetes: the role of alexithymia. *Journal of the faculty of medicine* 2014; under review.

Zeinab Shayeghian, Parisa Amiri, Maria E. Aguilar-Vafaie, Mohammad Ali Besharat, Mahmoud Parvin, Kobra Roohi Gillani. The Moderating role of coping styles and social support on the association between self-care behaviors and HbA1c on Iranian patients with type 2 diabetes. *Psychology and Health* 2014; under review.

Conference

Zeinab Shayeghian, Kazem Rasolzadeh Tabatabaey, Seddighi looye. Manzar Shahidi shadkam Effects of prenatal maternal anxiety and stress and depression on kind and time of childbirth. National seminar of Normal Birth. 26-27 February 2008.

Zeinab Shayeghian, Maria E. Aguilar-Vafaie, The Evaluation of Psychometric Properties of Eating Disorder Beliefs Questionnaire (EDBQ), *Clinical Psychology Iranian* 2009.

Zeinab Shayeghian, Maria E. Aguilar-Vafaie, Confirmatory factor analysis of the young schema questionnaire-short form in two non-clinical Iranian samples of young adolescent girls and college male students. *Clinical Psychology Iranian* 2009.

Zeinab Shayeghian, Manzar Shahidi shadkam. Effect of work on marital satisfaction. The fourth international congress on family and sexual health. 11-13 November 2009.

Zeinab Shayeghian, Kazem Rasolzadeh Tabatabaey, Seddighi looye. The second national seminar on healthy child.5-6 February 2009.

Manijeh Yazdanshenas, Amir Hossein Tavakoli, Elham Raki, **Zeinab shayeghian**. Depression and effective factors in spinal cord injury patients. Third proficiency seminar for spinal cord injuries of Iran. 23-24 February 2012.