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**Education:**

- **B.Sc in Nutritional Sciences:** Shahid Beheshti University of Medical Sciences, Faculty of Nutrition Sciences and Food Technology, National Nutrition and Food Technology Research Institute, Tehran, Iran/2002-2006
- **M.Sc in nutritional sciences:** Tehran University of Medical Sciences/2007-2010
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#### **Paper in International Journals**

1. **Moslehi N**, Vafa MR, Rahimi-Foroushani A, Golestan B. Effects of oral magnesium supplementation on inflammatory markers in middle-aged overweight women. J Res Med Sci. 2012;17(7):607-14.
2. Vafa M, **Moslehi N**, Afshari S, Hossini A, Eshraghian M. Relationship between breastfeeding and obesity in childhood. J Health Popul Nutr. 2012;30(3):303-10.
3. Mirmiran P, **Moslehi N**, Asghari G, Jambarsang S, Mehrabi Y, Azizi F. Secular trends in size at birth of Iranian neonates: meta-analyses of published and unpublished studies. Ann Hum Biol. 2013;40(1):75-82.

4. Ramezani Tehrani F, **Moslehi N**, Asghari G, Gholami R, Mirmiran P, Azizi F. Intake of dairy products, calcium, magnesium, and phosphorus in childhood and age at menarche in the tehran lipid and glucose study. PLoS One. 2013;8(2):e57696.
5. **Moslehi N**, Vafa MR, Sarrafzadeh J, Rahimi-Foroushani A. Does Magnesium Supplementation Improve Body Composition and Muscle Strength in Middle-Aged Overweight Women? A Double-Blind, Placebo-Controlled, Randomized Clinical Trial. Biol Trace Elem Res 2013; 153(1-3):111-8.
6. Hosseinpour-Niazi S, Sohrab G, Asghari G, Mirmiran P, **Moslehi N**, Azizi F. Dietary glycemic index, glycemic load, and cardiovascular disease risk factors: Tehran Lipid and Glucose Study. Arch Iran Med. 2013;16(7):401-7.
7. Ramezani Tehrani F, Mirmiran P, Gholami R, **Moslehi N**, Azizi F. Factors influencing menarcheal age: results from the cohort of tehran lipid and glucose study. Int J Endocrinol Metab. 2014 Jun 10;12(3):e16130.

#### **Paper in Internal Medical Journals (مقالات فارسی)**

1. Vafa M, Afshari , **Moslehi N**, Salehpour A, Hosaini F, Goharinezhad M, et al . Relationship Between Infant Nutrition Feeding and Childhood Obesity in First Grade Tehranian Students of Primary Schools, 2009. Iranian Journal of Endocrinology and Metabolism. 2011; 12 (5) :505-512.
2. Ramezani Tehrani F, Mirmiran P, Gholami R, **Moslehi N**, Ghanbarian A, Azizi F. Correlation between Menarcheal Age and Certain Demographic Characteristics. Iranian Journal of Endocrinology and Metabolism. 2013; 15 (1) :52-58.

3. Hosseinpour-Niazi S , Sohrab G , Asghari G , Mirmiran P , **Moslehi N** , Azizi F .  
Association between glycemic index, glycemic load and cardiovascular risk factors in adults. J Gorgan Uni Med Sci. 2013; 15 (1) :64-74.
4. Yari Z, Mirmiran P, **Moslehi N**. Effects of Flaxseed and Its Nutritional Components on the Metabolic Syndrome and Associated Risk Factors. Iranian Journal of Endocrinology and Metabolism. 2014; 16 (3) :211-220.
5. Hosseini Esfahani F, Fallah Nowroozinejad E, **Moslehi N**, Mirmiran P, Azizi F. The Association between Dietary Energy Density and the Risk of Type 2 Diabetes: Tehran Lipid and Glucose Study. Iranian Journal of Endocrinology and Metabolism. 2015; 16 (5) :309-318.

#### **BOOK**

- Nutrition and the eye [translation]:8 chapters, 2009.
- Macronutrients and micronutrients: [translation] textbooks of Krause's food and nutrition therapy and modern nutrition in health and disease : 4 chapters, 2009.