

In the Name of God

Personal Details

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Education

1st Degree: Bachelor Science in Nutrition; Islamic Azad University, Tehran, Iran; September 2001 to July 2005

2nd Degree: Master of Science in Nutrition, Shahid Beheshti University of Medical Sciences, Tehran, Iran; September 2007 to April 2010

3rd Degree: PhD by Research Student in Nutrition and Endocrine Sciences, Research Institute for Endocrine Sciences, Shahid Beheshti University of Medical Sciences, Tehran, Iran; 2011

Career Summary

1. Researcher, Nutrition and Endocrine sciences, Institute for Endocrine Sciences, Shahid Beheshti University of Medical Sciences, Tehran, Iran; 2010-2014
2. Coordination with Tehran Municipality as Instructor with Public Health and Nutrition Center, September 2009 to July 2010, Tehran.
3. Coordination with IRIB (Islamic Republic of Iran Broadcasting) in Radio as nutrition instructor in Health Programs, March 2008 to June 2009, Tehran.
4. Diet therapy in NIOC (National Iranian Oil Co.) Hospital in Operation, Pediatric and Internal Wards as Trainer, May 2005 to October 2005.

Membership of Professional Bodies

Member of the Iranian Nutrition Society 2007

Member of the Medical Council, I.R.Iran 2006

Peer Reviewed Publications

Nazeri P, Mirmiran P, Mehrabi Y, Hedayati M, Delshad H, Azizi F. Evaluation of iodine nutrition in Tehran, Iran: Iodine deficiency within iodine sufficiency. *Thyroid* 2010; 20(12): 1399-406.

Nazeri P, Mirmiran P, Asghari G, Delshad H, Mehrabi Y, Hedayati M, Azizi F. Differences between subjects with sufficient and deficient urinary iodine in an area of iodine sufficiency. *J Endocrinol Invest* 2011;34(9):e302-7.

Bahadoran Z, Tohidi M, **Nazeri P**, Mehran M, Azizi F, Mirmiran P. Effect of broccoli sprouts on insulin resistance in type 2 diabetic patients: a randomized double-blind clinical trial. *Int J Food Sci Nutr* 2012; 63(7):767-71.

Mehran L, **Nazeri P**, Delshad H, Mirmiran P, Mehrabi Y, Azizi F. Does a text messaging intervention improve knowledge, attitudes and practice regarding iodine deficiency and iodized salt consumption? *Public Health Nutr* 2012; 2:16

Asghari G, Hosseinpanah F, **Nazeri P**, Mirmiran P, Hajsheikholeslami F, Azizi F. Adult height and risk of coronary heart disease: Tehran Lipid and Glucose Study. *J Epidemiol* 2012; 22(4):348-52

Asghari G, Mirmiran P, Hosseini- Esfahani G, **Nazeri P**, Mehran M, Azizi F. Dietary quality among Tehranian adults in relation to lipid profile: Findings of the Tehran Lipid and Glucose Study. *J Health Pop Nutr* 2013; 31(1):37-48.

Nazeri P, Mirmiran P, Delshad H, Hedayati M, Azizi F. Evaluation of Urinary Iodine Concentration and Iodine Content of Households Salt in South of Tehran. *IJEM* 2010; 12(3): 294-299. [In Farsi]

Mirmiran P, **Nazeri P**, Amiri P, Mehran L, Shakeri N, Azizi F. Iodine nutrition status and knowledge, attitude, and behavior in Tehranian women following 2 decades without public education. *J Nutr Educ Behav* 2013; 45(5):412-9.

فرمت واحد جهت وارد کردن اطلاعات معرفی اعضا مراکز تحقیقاتی برای وب سایت انگلیسی

Hosseinpanah F, **Nazeri P**, Ghareh S, Tohidi M, Azizi F. Predictors of the incident metabolic syndrome in healthy obese subjects: a decade of follow-up from the Tehran Lipid and Glucose Study. *Eur J Clin Nutr* 2014; 68(3):295-9.

Asghari G, Ejtahed HS, Sarsharzadeh MM, **Nazeri P**, Mirmiran P. Designing fuzzy algorithms to develop healthy dietary pattern. *Int J Endocrinol Metab* 2013; 11(3):154-61.

Nazeri P, Mirmiran P, Asghari G, Shiva N, Mehrabi Y, Azizi F. Mothers' behaviour contributes to suboptimal iodine status of family members: findings from an iodine-sufficient area. *Public Health Nutr* 2014; 24:1-9.

Nazeri P. *Obesity and Adiponectin*. The 1st National Congress on Prevention and Treatment of Obesity, 23-25 February 2008, Tehran, Iran.

Nazeri P, Mirmiran P, Hedayati M, Delshad H, Azizi F. *Evaluation of iodine nutrition in the south and west of Tehran: Iodine deficiency within iodine sufficiency*. The 8th International Congress of Endocrine Disorders & 2nd Arab- Iran Congress of Endocrinology and Diabetes, October 29-27, 2009, Tehran, Iran.

Mirmiran P, **Nazeri P**, Mehrabi Y, Delshad H, Azizi F. *Iodine deficiency within iodine sufficiency*. 14th International Thyroid Congress, 11-16 September 2010. Paris, France.

Nazeri P, Mirmiran P, Hedayati M, Azizi F. *Evaluation of iodine nutrition status in the south of Tehran: Iodine deficiency within iodine sufficiency*. 2nd Iranian Congress of Trace Elements, 26-27 January 2010, Tehran, Iran.

Nazeri P, Mirmiran P, Mehrabi Y, Delshad H, Hedayati, Azizi F. *Evaluation of salt and iodine intakes in subjects with sufficient and deficient urinary iodine concentration*. 11th Iranian Nutrition Congress, 1-4 November 2010, Shiraz, Iran.

Nazeri P, Mirmiran P, Shiva N, Mehrabi Y, Asghari G, Azizi F. *Mothers' attitudes and behavior contribute to suboptimal iodine status in adult members of the family*. 12th Iranian Nutrition Congress 6-9 November 2012, Isfahan, Iran.

Asghari G, Mirmiran P, Hosseini- Esfahani G, **Nazeri P**, Mehran M, Azizi F. *Dietary quality among Tehranian adults in relation to lipid profile: Findings of the Tehran Lipid and Glucose Study*. 12th Iranian Nutrition Congress 6-9 November 2012, Isfahan, Iran.

فرمت واحد جهت وارد کردن اطلاعات معرفی اعضا مراکز تحقیقاتی برای وب سایت انگلیسی

Asghari G, Mirmiran P, Ejtahed HS, **Nazeri P**, Sarsharzaded M, Azizi F. Using fuzzy algorithms to develop healthy dietary pattern. The 12th Iranian Nutrition Congress 6-9 November 2012, Isfahan, Iran.

Nazeri P, Hosseinpanah F, Mirmiran P, Azizi F. *Predictors of the incident metabolic syndrome in obese subjects: 10 years follow up*. The 12th Iranian Nutrition Congress 6-9 November 2012, Isfahan, Iran.

Mirmiran P, **Nazeri P**, Amiri P, Mehran L, Azizi F. *Iodine nutrition status and knowledge, attitude, and behavior in Tehranian women following two decades without public education*. The 10th Asia and Ocean Thyroid Association Congress, 21-24 October 2012, Bali, Indonesia.

Mirmiran P, **Nazeri P**, Shiva N, Mehrabi Y, Asghari G, Azizi F. *Mothers' attitudes and behavior contribute to suboptimal iodine status in adult members of the family*. 10th Asia and Ocean Thyroid Association Congress. 21-24 October 2012, Bali, Indonesia.

Nazeri P, Mirmiran P, Shiva N, Mehrabi Y, Mojarrad M, Azizi F. *Iodine nutrition status in lactating mothers residing in countries with mandatory and voluntary iodine fortification programs: An updated systematic review*. The 10th International Congress of Endocrine Disorders, 22-24 October 2014, Tehran, Iran.

Nazeri P, Norouzian MA, Mirmiran P, Hedayati M, Azizi F. *The heating process during pasteurization and not in sterilization decreases iodine concentration of milk*. The 1st International and 13th National Iranian Nutrition Congress, 30 November -3 December 2014, Tehran, Iran.

Books/Book Chapters

Involving as one of the major translators of main resources in nutrition, including *Modern Nutrition in Health and Disease & Krause's Food, Nutrition and Diet therapy* from English to Persian, under supervision of Dr.Mitra Zarrati.