

In the Name of God

Personal Details

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Education

M.Sc. University of Putra Malaysia (UPM)

B.Sc. Shahid Beheshti University of Medical Sciences

Career Summary

Research assistance and Researcher, Research Institute for Endocrine Sciences, Shahid Beheshti University of Medical Sciences, Tehran, Iran *Oct. 2004- Dec. 2010 and Jan. 2014 – Present*

Membership of Professional Bodies

- Iranian Medical Council, Membership Number: 1923-ت.
- Iran Obesity Society

Peer Reviewed Publications

Nafar M, Noori N, **Jalali-Farahani S**, Hosseinpanah F, Poorrezagholi F, Ahmadpoor P, Samadian F, Firouzan A, Einollahi B. Mediterranean diets are associated with a lower incidence of metabolic syndrome one year following renal transplantation. *Kidney Int.* **2009**; 76(11):1199-206.

Mirmiran P, Sherafat-Kazemzadeh R, **Farahani SJ**, Asghari G, Niroomand M, Momenan A, Azizi F. Performance of different definitions of metabolic syndrome for children and adolescents in a 6-year follow-up: Tehran Lipid and Glucose Study (TLGS). *Diabetes Res Clin Pract.* **2010**; 89(3):327-33.

Sherafat-Kazemzadeh R, Egtesadi S, Mirmiran P, Gohari M, **Farahani SJ**, Esfahani FH, Vafa MR, Hedayati M, Azizi F. Dietary patterns by reduced rank regression predicting changes in obesity indices in a cohort study: Tehran Lipid and Glucose Study. *Asia Pac J Clin Nutr.* **2010**; 19(1):22-32.

Amiri P, M Ardekani E, **Jalali-Farahani S**, Hosseinpanah F, Varni JW, Ghofranipour F, Montazeri A, Azizi F. Reliability and validity of the Iranian version of the Pediatric Quality of Life Inventory™ 4.0 Generic Core Scales in adolescents. *Qual Life Res.* **2010**; 19(10):1501-8.

Mirmiran P, Sherafat-Kazemzadeh R, **Jalali-Farahani S**, Azizi F. Childhood obesity in the Middle East: a review. *East Mediterr Health J.* **2010**; 16(9):1009-17.

Amiri P, Ghofranipour F, Ahmadi F, Hosseinpanah F, Montazeri A, **Jalali-Farahani S**, Rastegarpour A. Barriers to a healthy lifestyle among obese adolescents: a qualitative study from Iran. *Int J Public Health.* **2011**; 56(2):181-9.

Mehrabani HH, Salehpour S, Amiri Z, **Farahani SJ**, Meyer BJ, Tahbaz F. Beneficial effects of a high-protein, low-glycemic-load hypocaloric diet in overweight and obese women with polycystic ovary syndrome: a randomized controlled intervention study. *J Am Coll Nutr.* **2012**; 31(2):117-25.

Jalali-Farahani S, Chin YS, Amiri P, Mohd Taib MN. Body mass index (BMI)-for-age and health-related quality of life (HRQOL) among high school students in Tehran. *Child Care Health Dev.* **2014**; 40(5): 731-9

Sara Jalali-Farahani, Factors associated with body mass index-for-age and health-related quality of life among high school students in Tehran, MSc Thesis, **2013**.

Amiri P, **Jalali-Farahani S**, Zarkesh M, Barzin M, Kaviani R, Ahmadizad S. Reliability and validity of the Iranian version of the QAPACE in adolescents. *Qual Life Res.* **2014**.

Amiri P, Hosseinpanah F, **Jalali-Farahani S**, Mehrabi Y, Montazeri A, Azizi F. Is persistence of metabolic syndrome associated with poor health-related quality of life in non-diabetic Iranian adults? Tehran Lipid and Glucose Study. *J Diabetes Invest* **2014**.

Jalali-Farahani S, Chin YS, Mohd Nasir MT, Amiri P. Disordered Eating and its Association with Overweight and Health-Related Quality of Life Among Adolescents in Selected High Schools of Tehran. *Child Psychiatry Hum Dev.* **2014**

Publication in international congress

Mirmiran P, H.Mehrabani H, **Jalali-Farahani S**, Atifeh M, Azizi F. Dietary fiber intake pattern among Tehranian Adults: Tehran Lipid and Glucose Study (TLGS). 14th congress of the ASEAN federation of Endocrine Societies. Malaysia. 2007.

Pirouzpanah S, Atri M, **Jalali S**, Mirzaei HR, Shadman J, Karimian N, Taleban FA, Mehdipour P, Sadr BF, Mehran S, Shabani M, Darbandi-Azar S, Nazarian A, Akbari MA, Mehrabi , Pirouzpanah S, Akbari S. Does parental obesity associate with the manifestation of overweight in primary breast cancer patients?. 16th European congress on obesity [ECO]. Geneva Switzerland. May 2008.

Jalali-Farahani S, Hosseini Isfahani F, Mirmiran P. Survey of dietary intake of antioxidants in Tehranian adults. 19th International Congress of Nutrition, Bangkok, Thailand. 4-9 Oct. 2009.

Dietary carbohydrate intake and its association with risk factors of non-communicable disease in Tehranian adolescents. 19th International Congress of Nutrition, Bangkok, Thailand. 4-9 Oct. 2009.

Amiri P, Ghofranipour F, **Jalali-Farahani S**, Ahmadi F, Hosseinpanah F, Hooman HA. Mothers' perceptions about familial correlates of overweight & obesity related behaviors in adolescents: a qualitative study. 2nd International congress of Metabolic Syndrome, Obesity & Diabetes. Zanjan 2010.

Chin YS, **Jalali-Farahani S**, Amiri P, Mohd Taib MN. Disordered eating and its association with overweight and obesity among high School students of Tehran. 7th Asia-Oceania Conference on Obesity (AOCO). Bandung, Indonesia. 31st Oct-2^{ed} Nov. 2013.

Jalali- Farahani S, Amiri P, Alamdari Sh, Ghalamkari S, Azizi F. Does overweight associate with health- related quality of life (HRQoL) among Tehranian children and adolescents? Tehran, Iran. The 10th International Congress of Endocrine Disorders. 22-24th October. 2014.

Amiri P, **Jalali- Farahani S**, Parvin P, Ghofranipour F, Ahmadi F, Hosseinpanah F Socio-environmental determinants of overweight/obesity from the perspective of Tehranian adolescents. Tehran, Iran. The 10th International Congress of Endocrine Disorders. 22-24th October. 2014.

Publications in Persian journals

Hosseini-Esfahani F, Asghari G, Mirmiran P, **Jalali Farahani S**, Azizi F. (2010). Reproducibility and Relative Validity of Food Group Intake in a Food Frequency Questionnaire

Developed for the Tehran Lipid and Glucose Study. Razi Journal of Medical Sciences 17(71): 41-55.

Amiri, P, Ghofranipour F, Ahmadi F, Hooman H, Hosseinpanah F, **Jalali-Farahani S.** (2009). Personal barriers to life style modification in overweight/obese adolescents: a qualitative study. Iranian Journal of Endocrinology and Metabolism 11 (5), 521-529.

Amiri P, Ghofranipour F, **Jalali Farahani S,** Ahmadi F, Hosseinpanah F, Hooman H.A. (2010). 'Mothers' Perceptions on Familial Correlates of Overweight and Obesity Related Behaviors in Adolescents', Iranian Journal of Endocrinology & Metabolism, 12 (2), 145-152.

Pirouzpanah, S, Taleban F. A, Sabour S, Mehdipour P, Atri M, Farrin N, Houshyar-Rad A, **Jalali-Farahani S,** Karimian Khosroshahi N. (2012). Validation of food frequency questionnaire to assess folate intake status in breast cancer patients. Razi Journal of Medical Sciences **18**(92): 31-41.

Books/Book Chapters

A practical guide for weight management in adolescents. Parisa Amiri & **Sara Jalali-Farahani.**
UNDER PUBLICATION