

Curriculum Vitae

Heading:

2/02/2015

- **Name & Date of birth** : Atieh Amouzegar / 2st September 1971

Current Address: Assistant Professor, Academic faculty member of Research Institute for Endocrine Sciences (RIES), Endocrine research center, Shahid Beheshti University of Medical Sciences. – Iran P.O.Box: 19395-4763

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- **Permanent Address:** Endocrine Research center, Research Institute for endocrine sciences, Shahid Beheshti University of Medical Sciences.– Iran P.O.Box: 19395-4763

Education:

Name of College/University:

- Medical doctor. Iran University of Medical Sciences, Tehran Iran Year of Graduation: 1998
- Specialty of Internal Medicine .Tehran University of medical science, Tehran Iran 2004
- Sub specialty of endocrinology and metabolism Shahid Beheshti University of medical science, Tehran Iran 2007
- **Thesis Title:** “day to day variation in urinary iodine in pregnant women resident of iodine sufficient area”

Honors of Awards:

- Second rank of National Board of Endocrinology in 2007

Relevant Experience:

Organization: Faculty Member of Research Institute for endocrine sciences, Shahid Beheshti University of Medical Sciences Tehran Iran

Employed/Worked: 2007

Title: Assistant Professor

Description of Duties: Education and Research

Professional Associations:

Name: Organization: Iranian Endocrine Society-Tehran-Iran 2003

Positions Held: Membership: Member of Executive Committee

Name: Research Committee of Research Institute for Endocrine Sciences, Shahid Beheshti University of medical sciences 2007

Positions Held: Membership

Name: American Association of Clinical Endocrinology (AACE)

Positions Held: member

Name: Endocrine Society

Positions Held: member

Publications:

- 1. Local versus international recommended TSH references in the assessment of thyroid function during pregnancy.**
Amouzegar A, Ainy E, Khazan M, Mehran L, Hedayati M, Azizi F.
Horm Metab Res. 2014 Mar;46(3):206-10. doi: 10.1055/s-0033-1363277. Epub 2014 Feb 6.
- 2. An assessment of the iodine status and the correlation between iodine nutrition and thyroid function during pregnancy in an iodine sufficient area.**
Amouzegar A, Khazan M, Hedayati M, Azizi F.
Eur J Clin Nutr. 2014 Mar;68(3):397-400. doi: 10.1038/ejcn.2013.273. Epub 2014 Jan 8.
- 3. Reference limit of thyrotropin (TSH) and free thyroxine (FT4) in thyroperoxidase positive and negative subjects: a population based study.**
Amouzegar A, Delshad H, Mehran L, Tohidi M, Khafaji F, Azizi F.
J Endocrinol Invest. 2013 Dec;36(11):950-4. doi: 10.3275/9033. Epub 2013 Jul 15.
- 4. Trimester-specific reference ranges for thyroid hormones in Iranian pregnant women.**
Mehran L, **Amouzegar A**, Delshad H, Askari S, Hedayati M, Amirshakari G, Azizi F.
J Thyroid Res. 2013;2013:651517. doi: 10.1155/2013/651517. Epub 2013 Jun 9.
- 5. Natural course of thyroid disease profile in a population in nutrition transition: Tehran Thyroid Study.**
Azizi F, **Amouzegar A**, Delshad H, Tohidi M, Mehran L, Mehrabi Y.
Arch Iran Med. 2013 Jul;16(7):418-23. doi: 013167/AIM.0011.
- 6. Management of hyperthyroidism in pregnancy: comparison of recommendations of american thyroid association and endocrine society.**
Alamdari S, Azizi F, Delshad H, Sarvghadi F, **Amouzegar A**, Mehran L.
J Thyroid Res. 2013;2013:878467. doi: 10.1155/2013/878467. Epub 2013 May 22.
- 7. Management of thyroid peroxidase antibody euthyroid women in pregnancy: comparison of the american thyroid association and the endocrine society guidelines.**
Mehran L, Tohidi M, Sarvghadi F, Delshad H, **Amouzegar A**, Soldin OP, Azizi F.
J Thyroid Res. 2013;2013:542692. doi: 10.1155/2013/542692. Epub 2013 May 12.
- 8. Leisure-time physical activity and its association with metabolic risk factors in Iranian adults: Tehran Lipid and Glucose Study, 2005-2008.**
Faam B, Hosseinpanah F, **Amouzegar A**, Ghanbarian A, Asghari G, Azizi F.
Prev Chronic Dis. 2013;10:E36. doi: 10.5888/pcd10.120194.

- 9. Establishment of the trimester-specific reference range for free thyroxine index.**
Azizi F, Mehran L, **Amouzegar A**, Delshad H, Tohidi M, Askari S, Hedayati M.
Thyroid. 2013 Mar;23(3):354-9. doi: 10.1089/thy.2012.0407. Erratum in: Thyroid. 2013 Jul;23(7):915. Fereidoun, Azizi.
- 10. Association between serum TSH concentration and body mass index in euthyroid subjects: the role of smoking.**
Mehran L, **Amouzegar A**, Delshad H, Azizi F.
Arch Iran Med. 2012 Jul;15(7):400-3. doi: 012157/AIM.005.
- 11. Eighteen years of continuously sustained elimination of iodine deficiency in the Islamic Republic of Iran: the vitality of periodic monitoring.**
Delshad H, **Amouzegar A**, Mirmiran P, Mehran L, Azizi F.
Thyroid. 2012 Apr;22(4):415-21. doi: 10.1089/thy.2011.0156. Epub 2012 Mar 12.
- 12. Variations of urinary iodine during the first trimester of pregnancy in an iodine-replete area. Comparison with non-pregnant women.**
Amouzegar A, Azizi F.
Hormones (Athens). 2013 Jan-Mar;12(1):111-8.
- 13. Management of hyperthyroidism during pregnancy and lactation.**
Azizi F, **Amouzegar A**.
Eur J Endocrinol. 2011 Jun;164(6):871-6. doi: 10.1530/EJE-10-1030. Epub 2011 Mar 9. Review.
- 14. Neonatal thyroid status in an area of iodine sufficiency.**
Azizi F, Hosseini MS, **Amouzegar A**, Tohidi M, Ainy E.
J Endocrinol Invest. 2011 Mar; 34(3):197-200. doi: 10.3275/7295. Epub 2010 Oct 15
- 15. Management of hyperthyroidism during pregnancy in Asia.**
Azizi F, **Amouzegar A**, Mehran L, Alamdari S, Subekti I, Vaidya B, Poppe K, Sarvghadi F, Luis Jr TS, Akamizu T: Endocr J. 2011 Sep 10;9:149. doi: 10.1186/1479-5876-9-149.
- 16. Screening and management of hypothyroidism in pregnancy: Results of an Asian survey.**
Azizi F, **Amouzegar A**, Mehran L, Alamdari S, Subekti I, Vaidya B, Poppe K, Luis Jr TS, Akamizu T: Endocr J. 2014 May 14. [Epub ahead of print]
- 17. Underestimation of Thyroid Dysfunction Risk Due to Regression Dilution Bias in a Long-Term Follow-Up: Tehran Thyroid Study (TTS).**
Amouzegar A, Beigy M, Gharibzadeh S, Azizi F: Horm Metab Res. 2014 Jun;46(6):440-4. doi: 10.1055/s-0034-1371832. Epub 2014 May 5.
- 18. Postpartum hypercalcemia secondary to a neuroendocrine tumor of pancreas; a case report and review of literature.**
Ghazi AA, Boustani I, **Amouzegar A**, Attarian H, Pourafkari M, Gashti HN, Sabetian T, Tirgari F, Ghazi S, Kovacs K Iran J Med Sci. 2011 Sep;36(3):217-21.

19. The association of cigarette smoking with serum TSH concentration and thyroperoxidase antibody.

Mehran L, **Amouzegar A**, Delshad H, Azizi F.

Exp Clin Endocrinol Diabetes. 2012 Feb;120(2):80-3. doi: 10.1055/s-0031-1285910. Epub 2011 Sep 13.

20. Prevalence of hypothyroidism in patients with dyslipidemia: Tehran Thyroid Study (TTS).

Khazan M, **Amouzegar A**, Gharibzadeh S, Mehran L, Tohidi M, Azizi F

Horm Metab Res. 2014 Dec;46(13):980-4. doi: 10.1055/s-0034-1389997. Epub 2014 Nov 4.

PMID:25369072

21. Comparison of two guidelines on management of thyroid nodules and thyroid cancer during pregnancy

Delshad H, Amouzegar A, Mehran L, Azizi F.

Arch Iran Med. 2014 Oct;17(10):670-3. doi: 0141710/AIM.006.PMID:25305765

22. Comparison of the American Thyroid Association with the Endocrine Society practice guidelines for the screening and treatment of hypothyroidism during pregnancy.

Amouzegar A, Mehran L, Sarvghadi F, Delshad H, Azizi F, Lazarus JH.

Hormones (Athens). 2014 Jul-Sep;13(3):307-13. doi: 10.14310/horm.2002.1486. No abstract available.PMID:25079454

23. Serum free thyroxine concentration is associated with metabolic syndrome in euthyroid subjects.

Mehran L, **Amouzegar A**, Tohidi M, Moayedi M, Azizi F.

Thyroid. 2014 Nov;24(11):1566-74. doi: 10.1089/thy.2014.0103. Epub 2014 Sep 26.

PMID: 25069017

Publication in Persian Journals:

1- Assessment of Iodine Intake in Yazd province; 17 Years after Universal Salt Iodization (The Fourth National Survey: 2007)

2- Association Between Dietary Phytochemical Index and Occurrence of Metabolic Syndrome and Its Risk Factors (Among Tehranian Adults): Tehran Lipid and Glucose Study

3- Variation of Urinary Iodine Concentration Within a Month During the First Trimester of Pregnancy in Tehran an Iodine- Repleted Area and Comparison to Non-Pregnant Women

4- Goiter and Urinary Iodine Excretion Survey of Schoolchildren in Qazvin Province: Results of 17 Years Universal Salt Iodization in Iran (2007)

Delshad H, **Amouzegar A**, Salehi F, Azizkhani N, Delshad M, Azizi F

- 5- Eighteen Years of Universal Salt Iodization in Iran; The Fourth National Survey of Goiter Prevalence and Urinary Iodine Excretion of Schoolchildren (2007-2008)
Delshad H, **Amouzegar A**, Mirmiran P, Azizi F
- 6- Marked Reduction in Goiter Prevalence and Eventual Normalization of Urinary Iodine Concentrations in Iranian Schoolchildren, 10 Years After Universal Salt Iodination
- 7- Leisure-Time Physical Activity and its Association with Metabolic Risk Factors in Tehranian Adults: TLGS
- 8- Predicting the Metabolic Syndrome According to Serum Total Testosterone, Free Testosterone Index and SHBG in Males Aged Over 20 Years: Tehran Lipid and Glucose (TLGS)
- 9- Diagnosis and treatment of thyrotoxicosis during pregnancy and lactation
- 10- Goiter monitoring of schoolchildren in Kermanshah province; 17 years after salt iodization program
- 11- Socio-behavioral and reproductive determinants associated with contraceptive method choice among Tehranian women: Tehran Lipid and Glucose Study
Parisa Amiri, **Atieh Amouzegar**, Safoora Gharibzadeh, Elham Kazemian, Fahimeh Ramezani Tehrani, Fereidoun Azizi *
- 12- Does serum TSH Thyrotropin within normal range in associated with body mass index?
L Mehran, M Delshad, **A Amouzegar**, Hasheminia M, H Delshad, F Azizi
- 13- Smoking, thyroid function and thyroxine index antibody.
L Mehran, G Amirshakari, **A Amouzegar**, M Hasheminia, H Delshad, F Azizi
- 14- Association between Physical Activity and Metabolic Risk Factors in Adolescents: Tehran Lipid and Glucose Study.
Fam B, **Amouzegar A**, Arzhan S, Ghanbariyan A, Delshad M, Hosseinpanah F, Azizi F.
Int J Prev Med. 2013 Sep;4(9):1011-7.
- 15- Associations Between Hormonal Profiles of Urban Iranian Women of Reproductive age: A Community Based Study of Four Provinces
Ramezani Tehrani F, Zadeh Vakili A, Hashemi S, **Amouzegar A**, Azizi F
- 16- Prevention of Iodine-deficiency Induced Goiter and Brain Damage in the Islamic Republic of Iran
Azizi F, Delshad H, **Amouzegar A**, Mehran L, Mirmiran P, Zahedi Asl S
- 17- Marked Reduction in Goiter Prevalence and Eventual Normalization of Urinary Iodine Concentrations in Iranian Schoolchildren, 10 Years After Universal Salt Iodination (Third National Survey of Iodine Deficiency Disorders 2000)
Azizi F, Delshad H, **Amouzegar A**, Mehran L, Mirmiran P, Sheikholeslam R, Naghavi M, Ordookhani A, Hedayati M, Padyab M

Presentation:

- **Oral Type:**

- 13th world congress of Gynecological Endocrinology, February 28-March 2, 2008. Florence Italy. What are the risk factors of premature ovarian failure and early menopause among women in Tehran lipid glucose study (TLGS)? A.Amouzegar, F,Ramezani
- 8thInternational congress of Endocrine disorders and 2nd Arab –Iran Congress of Endocrinology and Diabetes, October 27-28 2009 Tehran Iran.Adrenal incidentaloma.A Amouzegar
- 8thInternational congress of Endocrine disorders and 2nd Arab –Iran Congress of Endocrinology and Diabetes, October 27-28 2009 Tehran Iran. Continuous adequate iodine nutrition in I.R.Iran ;The 2007 goiter and urinary iodine excretion survey in school children.A Amouzegar
- The first national Congress of Endocrine and Metabolism Update.31 Oct-1 Nov 2007 Isfahan, Iran. Tumor induced hypercalcemia , presentation of an unusual case and review of literature.Mir Saeed Ghazi Ali.Amouzegar Atieh
- The first national Congress of Endocrine and Metabolism Update.31 Oct-1 Nov 2007 Isfahan, Iran. Variation of urinary iodine Concentration within a month during the first trimester of pregnancy in Tehran an iodine-depleted area.A.Amouzegar
- 17th congress of Iranian Society for Reproductive Medicine. 11-13 march 2011 tehran.I.R.Iran.Endocrine and male infertility.

- **Poster Type:**

6th Annual world Congress on Insulin Resistance, 25-27 Sep, 2008, California USA. Serum level of Triglycerides and waist circumference as the markers of cardiovascular risk factors in females (TLGS). A.Amouzegar ,M Solaty,Z Sabet,F Azizi

14th International thyroid congress ,11-16 Sept 2010 , Paris France, Thyroid dysfunction and age: Tehran Lipid and Glucose Study (TLGS) Amouzegar A, Delshad H, Azizi F

- **10th International Congress of Endocrine Disorders:22-24 Oct,2014:**

- Socio-Behavioral and Reproductive Predictors of Onset of Menopause in Women with and without Metabolic Syndrome: Tehran Lipid and Glucose Study
- Prevalence of Subclinical Hypothyroidism in Chronic Kidney Disease: Tehran Thyroid Study
- Prevalence of Hypothyroidism in Patients with Dyslipidemia: Tehran Thyroid Study (TTS)
- The Predictive Value of Metabolic Syndrome for Cardiovascular and All-Cause Mortality According to Different Definitions in the Middle East Caucasian Residents: Tehran Lipid and Glucose Study
- Association Between Serum Nitric Oxide Metabolites and Thyroid Hormones in a General Population: Tehran Lipid and Glucose Study

- Differentiate Thyroid Cancers from Benign Nodules Using Thyroid Hormones and TSH Levels in Iranian Population

38th Annual Meeting of the European Thyroid Association, Spain, 2014:

- **Maternal thyroid function and auto-immunity in three trimesters of pregnancy and their offspring's thyroid function**
Peymaneh Sarkhail, Ladan Mehran, Sahar Askari, Zhale Tahmasebinejad, Sormeh Nourbakhsh, Maryam Tohidi, Fereidoun Azizi
- **Thyroid disorders and lipid levels in a community based study: Tehran Thyroid study (TTS)**
Shahram Alamdari, Atieh Amouzegar, Maryam Tohidi, Safoora Gharibzadeh, Pouyan kheirkhah, Parnian kheirkhah, Fereidoun Azizi, Ladan Mehran
- **Serum Free Thyroxine Concentration is Associated with Metabolic Syndrome in Euthyroid Subjects**
Ladan Mehran, Atieh Amouzegar, Maryam Tohidi, Maryam Moayedi, Fereidoun Azizi
- **Thyroid volumes of Tehranian schoolchildren who have lived their entire lives in an iodine sufficient area**
Hosein Delshad, Atieh Amouzegar, Fereidoun. Azizi, Ladan Mehran

10th Asia And Oceania thyroid Association Congress, Bali, Indonesia, 21-24 Oct 2012:

- The incidence of thyroid dysfunction and natural course of subclinical thyroid disorders during 10 years follow up in Tehran Lipid and Glucose Study (TLGS)
S Ghaemmaghami, F Azizi, A Amouzegar, H Delshad, M Tohidi, L Mehran
- Establishment of the trimester-specific reference range for free thyroxine.

F Azizi, L Mehran, A Amouzegar, H Delshad, M Tohidi.

Qualifications of Skills:

- Evidence based medicine
- Research methodology
- Biostatistics

Atieh Amouzegar, MD

Assistant Professor

Academic faculty member

Research Institute for Endocrine Sciences (RIES), Endocrine research center

Shahid Beheshti University of Medical Sciences

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