

Curriculum Vitae

Heading:

۲۰۰۸/۲۰/۱۳

- **Name & Date of birth** : Farhad Hosseinpanah Ghasabeh / ۱st January ۱۹۶۸
- **Current Address**: Obesity Research Center, Research Institute for endocrine sciences, Shahid Beheshti University of Medical Sciences. Taleghani Hospital Tehran – Iran P.O.Box: ۱۹۳۹۵-۴۷۶۳
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Education:

Name of College/University: Shahid Beheshti University of Medical Sciences Tehran Iran Year of Graduation: ۱۹۹۲

- Specialty of Internal Medicine ۱۹۹۶
- Sub specialty of endocrinology and metabolism ۱۹۹۹
- **Thesis Title**: “Determination of serum calcium & phosphorus and albumin in school children of ۲۳ provinces in Iran in ۱۹۹۵”_

Honors of Awards:

- First rank of National Board of Internal Medicine in ۱۹۹۶
- First rank of National Board of Endocrinology in ۱۹۹۹

Relevant Experience:

Organization: Faculty Member of Shahid Beheshti University of Medical Sciences Tehran Iran

Employed/Worked: ۲۰۰۱

Title: Associate Professor

Description of Duties: Education and Research

Other Experience:

- Evidence Based Medicine Teaching Group of Tehran University of Medical Science

Professional Associations:

Name: Organization: Iranian Endocrine Society-Tehran-Iran ۲۰۰۳

Positions Held: Member of Executive Committee

Name: Iran obesity society ۲۰۰۹

Positions Held: Member of Executive Committee

Name: Obesity Research Center, Research institute for Endocrine Science, Shahid Beheshti University of Medical Sciences Tehran Iran

Positions Held: Director

Publications:

پایان ناما :

- 1) **Hosseinpanah F**, Rambod R, Ghaffari H , Azizi F. [Predicting Isolated Postchallenge hyperglycemia , A new approach . Diabetic Medicine \(Diabet.med.۲۳:۹۸۲-۹۸۹\(۲۰۰۶\)\)](#)
- ۲) **Hossein Panah F**, Rambod M, Sadeghi L. [predictors of non-alcoholic fatty liver disease in type ۲ diabetes. International Journal of Endocrinology and Metabolism .June ۲۰۰۷.](#)
- ۳) **Farhad Hosseinpanah**, Mehdi Rambod\ and Fereidoun Azizi. [Population attributable risk for diabetes associated with excess weight in Tehranian adults: a population-based cohort study. BMC Public Health ۲۰۰۷.](#)
- ۴) **Farhad Hosseinpanah**, Mehdi Rambod\ and Fereidoun Azizi. [Likelihood of having isolated postchallenge hyperglycemia in an Iranian urban population . Diabetes Res Clin Pract. ۲۰۰۸ Mar.](#)
- ۵) **Hosseinpanah F**, Rambod M, Hossein-nejad R ,Larijani B, Azizi F . [Association between VitaminD and bone mineral density in Iranian postmenopausal women . J Bone Miner Metab \(۲۰۰۸\)](#)
- ۶) Esmaeili-Mahani S, Fathi Y, Motamedi F, **Hosseinpanah F**. Abolhassan Ahmadiani . [L-type calcium channel blockade attenuates morphine withdrawal: in vivo interaction between L-type calcium channels and corticosterone. Horm Behav. ۲۰۰۸ Feb.](#)
- ۷) [Knowledge and attitudes of trainee physicians regarding Evidence-Based Medicine: a questionnaire survey in Tehran, Iran. Ahmadi S, Soltani A, Hosseinpanah F. J Eval Clin Pract. ۲۰۰۸ Oct.](#)
- ۸) [Fine-tuning of prediction of isolated impaired glucose tolerance: a quantitative clinical prediction model . Rambod M, Hosseinpanah F, Ardakani EM, Padyab M, Azizi F. Diabetes Res Clin Pract. ۲۰۰۹ Jan.](#)

Diabetes Res Clin Pract. ۲۰۰۹ Jan.

- ٩) [High Prevalence of Chronic Kidney Disease in Iran: a Large Population-Based Study](#) **Hosseinpanah F**, Farshad Kasraei, Amir A Nassiri and Fereidoun Azizi BMC Public Health. ٢٠٠٩ Jan.
- ١٠) [Comparison of Overall Obesity and Abdominal Adiposity in Predicting Chronic Kidney Disease Incidence Among Adults.](#) **Hosseinpanah F**, Farshad Kasraei, Amir A Nassiri and Fereidoun Azizi . J Ren Nutr. ٢٠٠٩ May.
- ١١) [Mediterranean diets are associated with a lower incidence of metabolic syndrome one year following renal transplantation.](#) Nafar M, Noori N, Jalali-Farahani S, **Hosseinpanah F**, Poorrezagholi F, Ahmadpoor P, Samadian F, Firouzan A, Einollahi B. Kidney Int. ٢٠٠٩ Dec.
- ١٢) [Trends of obesity and abdominal obesity in Tehranian adults: a cohort study.](#) **Hosseinpanah F**, Barzin M, Eskandary PS, Mirmiran P, Azizi F. BMC Public Health. ٢٠٠٩ Nov .
- ١٣) [Barriers to a healthy lifestyle among obese adolescents: a qualitative study from Iran.](#) Amiri P, Ghofranipour F, Ahmadi F, **Hosseinpanah F**, Montazeri A, Jalali-Farahani S, Rastegarpour A. Int J Public Health. ٢٠١٠ Feb.
- ١٤) [Appropriate waist circumference cut-off points among Iranian adults: the first report of the Iranian National Committee of Obesity.](#) Azizi F, Khalili D, Aghajani H, Esteghamati A, **Hosseinpanah F**, Delavari A, Larijani B, Mirmiran P, Mehrabi Y, Kelishadi R, Hadaegh F. Arch Iran Med. ٢٠١٠; ١٣(٣): ٢٤٣-٤. No abstract available.
- ١٥) [Achievement of fertility in an infertile man with resistant macroprolactinoma using high dose of bromocriptine and a combination of hCG and an aromatase inhibitor.](#) Heidari Z, **Hosseinpanah F**, Shirazian N. Endocr Pract. ٢٠١٠ May.
- ١٦) [Metabolic syndrome predicts poor health-related quality of life in women but not in men: Tehran Lipid and Glucose Study.](#) Amiri P, **Hosseinpanah F**, Rambod M, Montazeri A, Azizi F. J Womens Health (Larchmt). ٢٠١٠ Jun.
- ١٧) [Effect of changes in waist circumference on metabolic syndrome over a ٦,٦-year follow-up in Tehran.](#) **Hosseinpanah F**, Barzin M, Mirmiran P, Azizi F. Eur J Clin Nutr. ٢٠١٠ May.

- ۱۸) Incidence and trend of a metabolic syndrome phenotype among Tehranian adolescents; Finding from TLGS ۱۹۹۸-۲۰۰۱ to ۲۰۰۳-۲۰۰۶. Afkhami-Ardekani M, Zahedi-Asl S, Rashidi M, Atifah M, **Hosseinpanah F**, Azizi F. Diabetes Care. ۲۰۱۰ Jun .
- ۱۹) Predictive power of the components of metabolic syndrome in its development: a ۶,۰-year follow-up in the Tehran Lipid and Glucose Study (TLGS). Heidari Z, **Hosseinpanah F**, Mehrabi Y, Safarkhani M, Azizi F. Eur J Clin Nutr. ۲۰۱۰ Jun ۳۰ .
- ۲۰) Reliability and validity of the Iranian version of the Pediatric Quality of Life Inventory ۴,۰ Generic Core Scales in adolescents. Amiri P, M Ardekani E, Jalali-Farahani S, **Hosseinpanah F**, Varni JW, Ghofranipour F, Montazeri A, Azizi F. Qual Life Res. ۲۰۱۰ Jul .
- ۲۱) The effects of air pollution on vitamin D status in healthy women: a cross sectional study. **Hosseinpanah F**, Pour SH, Heibatollahi M, Moghbel N, Asefzade S, Azizi F. BMC Public Health. ۲۰۱۰ Aug .
- ۲۲) Appropriate definition of metabolic syndrome among Iranian adults: report of the Iranian National Committee of Obesity. Azizi F, Hadaegh F, Khalili D, Esteghamati A, **Hosseinpanah F**, Delavari A, Larijani B, Mirmiran P, Zabetian A, Mehrabi Y, Kelishadi R, Aghajani H. Arch Iran Med. ۲۰۱۰ Sep.
- ۲۳) Effects of different doses of oral cholecalciferol on serum ۲۵(OH)D, PTH, calcium and bone markers during fall and winter in schoolchildren. Ghazi AA, **Hosseinpanah F**, M Ardakani E, Ghazi S, Hedayati M, Azizi F. Eur J Clin Nutr. ۲۰۱۰ Sep .
- ۲۴) "Predictive value of body mass index and waist circumference for metabolic syndrome in ۶-۱۱ year-olds". Barzin M, **Hosseinpanah F**, Fekri S, Azizi F. Acta Paediatr. ۲۰۱۱ Jan .
- ۲۵) Effect of Different Obesity Phenotypes on Cardiovascular Events in Tehran Lipid and Glucose Study (TLGS). **Farhad Hosseinpanah**, MDa,* , Maryam Barzin, MD, MPHa, Farhad Sheikholeslami, MDb, and Fereidoun Azizi, MDb. ۲۰۱۱ Feb .

- ۲۶) Predictive value of body mass index and waist circumference for metabolic syndrome in ۶–۱۲-year-olds. Maryam Barzin, **Farhad Hosseinpanah** (fhospanah@endocrine.ac.ir). Sahba Fekri, Fereidoun Azizi. **January ۲۰۱۱**.
- ۲۷) The prevalence of polycystic ovary syndrome in a community sample of Iranian population: Iranian PCOS prevalence study. Fahimeh Ramezani Tehrani*, Masoumeh Simbar, Maryam Tohidi, **Farhad Hosseinpanah**, Fereidoun Azizi. **۲۰۱۱ Mar**
- ۲۸) The Trends of Metabolic Syndrome in Normal-Weight Tehranian Adults. **Hosseinpanah F**, Barzin M, Amiri P, Azizi F. **۲۰۱۱ Apr**
- ۲۹) Broccoli sprouts reduce oxidative stress in type ۲ diabetes: a randomized double-blind clinical trial. Bahadoran Z, Mirmiran P, **Hosseinpanah F**, Hedayati M, Hosseinpour-Niazi S, Azizi F. **۲۰۱۱ May**
- ۳۰) The lack of association between polycystic ovary syndrome and metabolic syndrome: Iranian PCOS Prevalence Study. **Hosseinpanah F**, Barzin M, Tehrani FR, Azizi F. **۲۰۱۱ May**
- ۳۱) Associations between vitamin D and cardiovascular outcomes; Tehran Lipid and Glucose Study. **Hosseinpanah F**, Yarjanli M, Sheikholeslami F, Heibatollahi M, Eskandary PS, Azizi F. **۲۰۱۱ May**
- ۳۲) Dietary fructose and risk of metabolic syndrome in adults: Tehran Lipid and Glucose study. Hosseini-Esfahani F, Bahadoran Z, Mirmiran P, Hosseinpour-Niazi S, **Hosseinpanah F**, Azizi F. **۲۰۱۱ Jul**
- ۳۳) Waist circumference and insulin resistance: a community based cross sectional study on reproductive aged Iranian women. Zadeh-Vakili A, Tehrani FR, **Hosseinpanah**. **۲۰۱۱ Aug**
- ۳۴) Vitamin D and the risk of CVD in overweight and obese women: a randomised controlled trial. Salehpour A, Shidfar F, **Hosseinpanah F**, Vafa M, Razaghi M, Hoshiarrad A, Gohari M. **۲۰۱۲ Feb**
- ۳۵) Broccoli sprouts powder could improve serum triglyceride and oxidized LDL/LDL-cholesterol ratio in type ۲ diabetic patients: A randomized double-blind placebo-controlled clinical trial. Bahadoran Z, Mirmiran P, **Hosseinpanah F**, Rajab A, Asghari G, Azizi F. **۲۰۱۲ Jun**

- ۳۶) [Mother-Daughter Correlation of Central Obesity and Other Noncommunicable Disease Risk Factors: Tehran Lipid and Glucose Study](#). Heidari Z, **Hosseinpahan F**, Barzin M, Safarkhani M, Azizi F. ۲۰۱۲ Apr
- ۳۷) [Gender Differences Time Trends for Metabolic Syndrome and Its Components among Tehranian Children and Adolescents](#). Barzin M, **Hosseinpahan F**, Saber H, Sarbakhsh P, Nakhoda K, Azizi F. ۲۰۱۲ Apr
- ۳۸) [Adult Height and Risk of Coronary Heart Disease: Tehran Lipid and Glucose Study](#). Asghari G, **Hosseinpahan F**, Nazeri P, Mirmiran P, Hajsheikholeslami F, Azizi F. ۲۰۱۲ Jun
- ۳۹) [Association between moderate renal insufficiency and cardiovascular events in a general population: Tehran Lipid and Glucose Study](#). **Hosseinpahan F**, Barzin M, Aghayan Golkashani H, Nassiri AA, Sheikholeslami F, Azizi F. ۲۰۱۲ Jul.
- ۴۰) [“Association between moderate renal insufficiency and cardiovascular events in a general population: Tehran lipid and glucose study”](#) **Hosseinpahan F**, Barzin M, Golkashani HA, Nassiri AA, Sheikholeslami F, Azizi F. ۲۰۱۲ Jul
- ۴۱) [A ۱۲-week double-blind randomized clinical trial of vitamin D^۳ supplementation on body fat mass in healthy overweight and obese women](#). Salehpour A, **Hosseinpahan F**, Shidfar F, Vafa M, Razaghi M, Dehghani S, Hoshiarrad A, Gohari M. ۲۰۱۲ Sep
- ۴۲) [Diagnostic Values of Metabolic Syndrome Definitions for Detection of Insulin Resistance: Tehran Lipid and Glucose Study \(TLGS\)](#). **Hosseinpahan F**, Borzooei S, Barzin M, Farshadi M, Sarvghadi F, Azizi F. ۲۰۱۲ Oct
- ۴۳) [Incidence of chronic kidney disease and its risk factors, results of over ۱۰ year follow up in an Iranian cohort](#). Tohidi M, Hasheminia M, Mohebi R, Khalili D, **Hosseinpahan F**, Yazdani B, Nasiri AA, Azizi F, Hadaegh F. ۲۰۱۲ Sep
- ۴۴) [Prognostic impact of different definitions of metabolic syndrome in predicting cardiovascular events in a cohort of non-diabetic Tehranian adults](#). **Hosseinpahan F**, Asghari G, Barzin M, Golkashani HA, Azizi F. Int J Cardiol. ۲۰۱۲ Oct
- ۴۵) [The association of anthropometric indices in adolescence with the occurrence of the metabolic syndrome in early adulthood: Tehran Lipid and Glucose Study \(TLGS\)](#). Barzin M, Asghari G, **Hosseinpahan F**, Mirmiran P, Azizi F. *Pediatr Obes*. ۲۰۱۲ Oct ۸
- ۴۶) [Relationship between goiter and gender: a systematic review and meta-analysis](#). Malboosbaf R, **Hosseinpahan F**, Mojarrad M, Jambarsang S, Azizi F. *Endocrine*. ۲۰۱۳ Jun
- ۴۷) [Isolated post-challenge hyperglycaemia and risk of cardiovascular events: Tehran Lipid and Glucose Study](#). Barzin M, **Hosseinpahan F**, Malboosbaf R, Hajsheikholeslami F, Azizi F. *Diab Vasc Dis Res*. ۲۰۱۳ Jan

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۴۹) [Leisure-time physical activity and its association with metabolic risk factors in Iranian adults: Tehran Lipid and Glucose Study, ۲۰۰۵-۲۰۰۸](#). Faam B, **Hosseinpanah F**, Amouzegar A, Ghanbarian A, Asghari G, Azizi F. Prev Chronic Dis. ۲۰۱۳ Mar;

۵۰) [Absence of Association Between Vitamin D Deficiency and Incident Metabolic Syndrome: Tehran Lipid and Glucose Study](#). Amirbaigloo A, **Hosseinpanah F**, Sarvghadi F, Tohidi M, Eskandary PS, Azizi F. Metab Syndr Relat Disord. ۲۰۱۳ Ma

۵۱) [Does vitamin D \$\alpha\$ supplementation improve glucose homeostasis in overweight or obese women? A double-blind, randomized, placebo-controlled clinical trial.](#)

Salehpour A, Shidfar F, **Hosseinpanah F**, Vafa M, Razaghi M, Amiri F.

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۵۲) [Lipid accumulation product and insulin resistance in Iranian PCOS prevalence study.](#)

Hosseinpanah F, Barzin M, Erfani H, Serahati S, Ramezani Tehrani F, Azizi F.

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۵۳) [Which one is more important, obesity or cardio metabolic risk factors?](#)

Hosseinpanah F.

Int J Endocrinol Metab. ۲۰۱۳ Winter;۱۱(۱):۱-۲. doi: ۱۰.۵۸۱۲/ijem.۷۹۶۳. Epub ۲۰۱۲ Dec ۲۱. No abstract available.

۵۴) [Predictors of the incident metabolic syndrome in healthy obese subjects: a decade of follow-up from the Tehran Lipid and Glucose Study.](#)

Hosseinpanah F, Nazeri P, Ghareh S, Tohidi M, Azizi F.

Eur J Clin Nutr. ۲۰۱۴ Mar;۶۸(۳):۲۹۵-۹. doi: ۱۰.۱۰۳۸/ejcn.۲۰۱۳,۱۴۲. Epub ۲۰۱۳ Aug ۲۱.

۵۵) [Adolescence metabolic syndrome or adiposity and early adult metabolic syndrome.](#)

Hosseinpanah F, Asghari G, Barzin M, Ghareh S, Azizi F.

J Pediatr. ۲۰۱۳ Dec;۱۶۳(۶):۱۶۶۳-۱۶۶۹.e۱. doi: ۱۰.۱۰۱۶/j.jpeds.۲۰۱۳,۰۷,۰۳۲. Epub ۲۰۱۳ Sep ۵

۵۶) [Association between Physical Activity and Metabolic Risk Factors in Adolescents: Tehran Lipid and Glucose Study.](#)

Fam B, Amouzegar A, Arzhan S, Ghanbariyan A, Delshad M, **Hosseinpanah F**, Azizi F.

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۵۷) [Abdominal fat sonographic measurement compared to anthropometric indices for predicting the presence of coronary artery disease.](#)

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۵۸) [The effect of community-based education for lifestyle intervention on the prevalence of metabolic syndrome and its components: tehran lipid and glucose study.](#)

Azizi F, Mirmiran P, Momenan AA, Hadaegh F, Habibi Moeini A, Hosseini F, Zahediasl S, Ghanbarian A, **Hosseinpanah** F; Members of Tehran Lipid and Glucose Study Group.

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۵۹) [Metabolic aspects of different phenotypes of polycystic ovary syndrome: Iranian PCOS Prevalence Study.](#)

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۶۰) [Effects of combined lipoic acid and pyridoxine on albuminuria, advanced glycation end-products, and blood pressure in diabetic nephropathy.](#)

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۶۱) [Changes in waist circumference and incidence of chronic kidney disease.](#)

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Diabet Med. ۲۰۱۴ Jul;۳۱(۷):۸۵۴-۶۱. doi: ۱۰,۱۱۱۱/dme.۱۲۴۴۳. Epub ۲۰۱۴ Apr ۲۳

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Hosseinpanah F, Asghari G, Barzin M, Ghareh S, Azizi F.

J Pediatr. ۲۰۱۴ Jun;۱۶۴(۶):۱۵۰۲-۳. doi: ۱۰,۱۰۱۶/j.jpeds.۲۰۱۴,۰۲,۰۵۲. Epub ۲۰۱۴ Mar ۳۱. No abstract available.

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Arch Iran Med. ۲۰۱۴ Jun;۱۷(۶):۴۱۱-۶. doi: ۰۱۴۱۷۶/AIM.۰۰۷

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۶۸) [Abdominal obesity phenotypes and risk of cardiovascular disease in a decade of follow-up: the Tehran Lipid and Glucose Study.](#)

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۶۹) [Rising trends of obesity and abdominal obesity in ۱۰ years of follow-up among Tehranian adults: Tehran Lipid and Glucose Study \(TLGS\).](#)

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۷۰) [Association of marital status and marital transition with metabolic syndrome: tehran lipid and glucose study.](#)

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