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جناب آقای دکتر فریدون عزیزی
ریاست محترم پژوهشی پژوهشکده علوم غدد
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۲۴, Parvaneh St. Velenjak
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Anita Eftekharzadeh, MD

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Education

- Oct ۲۰۱۲ – Oct ۲۰۱۴ **Subspecialty in Endocrinology and Metabolism**
Iran University of Medical Science, Institute of Endocrinology and Metabolism
Tehran, Iran
- Sep ۲۰۰۳ – Sep ۲۰۰۷ **Specialty in Internal Medicine**
Shahid Beheshti University of Medical Sciences, Department of Internal
Medicine, Tehran, Iran
- Feb ۱۹۹۲ – Feb ۲۰۰۰ **Doctorate in Medicine**
Tehran University of Medical Sciences, Medical School, Tehran, Iran

Thesis

- Anita Eftekharzadeh: *The Relationship between Thyroid Dysfunction and Metabolic Syndrome; A systematic Review and Met-analysis.* ۰۵/۲۰۱۴, Degree: Subspecialty in Endocrinology and Metabolism, Supervisor: Mojtaba Malek
- Anita Eftekharzadeh: *Efficacy of Self-Monitoring of Blood Glucose in Type II Non-Insulin treated Diabetic Patients.* ۰۶/۲۰۰۷, Degree: Specialty in Internal Medicine, Supervisor: Farhad Hosseinpanah
- Anita Eftekharzadeh: *Melodic Intonation Therapy in Persian Aphasic Patients.* ۰۲/ ۲۰۰۰, Degree: Doctorate in Medicine, Supervisors: Jamsheed Lotfi, Hassan Ashayeri

Research Experience

- May ۲۰۱۵ - Present **Research Assistant**
Shahid Beheshti University of Medical Sciences, Obesity Research Center,
Research Institute for Endocrine Sciences, Tehran, Iran

- Oct ۲۰۱۲ – Oct ۲۰۱۴ **Endocrinology Fellow**
Iran University of Medical Science, Institute of Endocrinology and Metabolism
Tehrān, Iran
- Sep ۲۰۰۳ – Sep ۲۰۰۷ **Internal Medicine Resident**
Shahid Beheshti University of Medical Sciences, Department of Internal
Medicine, Tehran, Iran
- Oct ۲۰۰۲ – Oct ۲۰۰۳ **Research Assistant**
National Research Center of Medical Sciences, Tehran, Iran

Skills & Activities

- Skills* Clinical Endocrinology, Diabetes Clinical Research, Thyroid Ultrasound,
Thyroid Fine-Needle Aspiration Biopsy, Gastrointestinal Endoscopy, Meta-
Analysis, Systematic Reviews
- Languages* English, Persian
- Scientific Memberships* Iran Endocrine Society, Iran Obesity Society
- Interests* Obesity research, Thyroid clinical research

Publication Highlights

Book Chapters

- Anita Eftekharzadeh: *Capacity Development in Health Research System*. National Health Research System;
Perspective of The International Health Research Organizations, Edited by Mohammad Reza
Rouhollahi, **Anita Eftekharzadeh**, Mohammad Reza Mohammadi, ۰۱/۲۰۰۳: chapter ۱۱; National
Research Center of Medical Sciences., ISBN: ۹۶۴-۹۰۴۴۳-۱-۳
- Anita Eftekharzadeh: *Research Utilization*. National Health Research System; Perspectives of The
International Health Research Organizations, Edited by Mohammad Reza Rouhollahi, **Anita
Eftekharzadeh**, Mohammad Reza Mohammadi, ۰۱/۲۰۰۳: chapter ۱۰; National Research Center of
Medical Sciences., ISBN: ۹۶۴-۹۰۴۴۳-۱-۳

Journal Publications

- Behrang Motamed, **Anita Eftekharzadeh**, Farhad Hosseinpanah, Maryam Tohidi, Mitra Hasheminia,
Fereidoun Azizi: *The relation between changes in thyroid function and anthropometric indices during long
term follow up of euthyroid subjects; the Tehran Thyroid Study (TTS)*. European Journal of
Endocrinology ۰۸/۲۰۱۶; DOI: ۱۰,۱۰۳۰/EJE-۱۶-۰۴۱۴

Golaleh Asghari, **Anita Eftekharzadeh**, Farhad Hosseinpanah, Sahar Ghareh, Parvin Mirmiran, Fereidoun Azizi: *Instability of different adolescent metabolic syndrome definitions tracked into early adulthood metabolic syndrome: Tehran Lipid and Glucose Study (TLGS)*. *Pediatric Diabetes* ۰۱/۲۰۱۶; DOI: ۱۰.۱۱۱۱/medi.۱۲۳۴۹

Anita Eftekharzadeh, Mohammad Ebrahim Khamseh, Amir Farshchi, Mojtaba Malek: *The Association between Subclinical Hypothyroidism and Metabolic Syndrome as Defined by the ATP III Criteria*. *Metabolic syndrome and related disorders* ۰۱/۲۰۱۶; ۱۴(۳). DOI: ۱۰.۱۰۸۹/met.۲۰۱۵.۰۰۶۵

Borna Bonakdarpour, **Anita Eftekharzadeh**, Hassan Ashayeri: *Melodic intonation therapy in Persian aphasic patients*. *Aphasiology* ۰۱/۲۰۰۳; ۱۷(۱). DOI: ۱۰.۱۰۸۰/۷۲۹۲۵۴۸۹۱

Conference Proceedings

Anita Eftekharzadeh, Golaleh Asghari, Farhad Hosseinpanah, Sara Serahati, Ali Azizi, Fereidoun Azizi: *Predictive Factors of Obesity Phenotypes in Non-Obese Adults: Tehran Lipid and Glucose Study*. ۵th Congress of Prevention and Treatment of Obesity, Tehran, Iran; ۱۲/۲۰۱۵

Borna Bonakdarpour, **Anita Eftekharzadeh**, Hassan Ashayeri: *Melodic Intonation Therapy in Persian Aphasics*. ۹th International Aphasia Rehabilitation Conference, Rotterdam, The Netherlands; ۰۸/۲۰۰۰